



# Resource Guide

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## Domestic Violence Local Services and Resources

### **Victims Information Bureau of Suffolk County- (VIBS)**

**Office:** (631) 360-3730 **Hotline:** (631) 360-3606

18 Oval Dr Islandia, NY 11749

Assists survivors and victims of domestic violence, rape and sexual assault. VIBS offers free and confidential individual and group counseling, offender services, children's programs, and court advocacy services. Their hotline is 24 hours a day, 7 days a week.

*Servicing Suffolk County*

### **Brighter Tomorrows**

**Office:** (631) 395-1800 **Hotline:** (631) 395-1800

202 Mastic Blvd E Shirley, NY 11967

Services include shelter-residential, transitional and nonresidential services. Case management services, clinical support groups, educational workshops, transportation, childcare, social services advocacy, and court advocacy. Their hotline is 24 hours a day, 7 days a week.

*Servicing Suffolk County*

### **L.I. Against Domestic Violence**

**Office:** (631) 666-7181 **Hotline:** (631) 666-8833

320 Carleton Avenue, Suite 8000 Central Islip, NY 11722

Services for both male and female victim's lives including shelter, counseling, courtroom advocacy, legal assistance, vocational and financial training, as well as healing through yoga. They provide support through their language line, in over 120 languages. Hotline hours are 24 hours a day, 7 days a week.

*Servicing Suffolk and Nassau Counties*

### **The Retreat: Domestic Violence Services**

**Office:** (631) 329-2200 **Hotline:** (631) 329-2200

13 Goodfriend Dr. East Hampton, NY 11937

Residential shelter, a 24/7 domestic violence crisis hotline, individual and group counseling, legal advocacy and a violence prevention outreach education program. Their hotline is 24 hours a day, 7 days a week.

*Servicing Suffolk County*

### **The SAFE Center LI Inc.**

**Office:** (516) 465-4700 **Hotline:** (516) 542-0404

15 Grumman Road West, Suite 1000 Bethpage, NY 11714

Provides services that include: helping locate shelters, counseling, housing, advocacy, referrals, etc. for victims and families. Their hotline is 24 hours a day 7 days a week

*Servicing Nassau County*

### **Suffolk County Fatherhood Initiative**

**Office:** (631) 761-8518

490 Wheeler Road Suite 274 Hauppauge, NY 11788

Community-level program that offers shelter, counseling, advocacy, and supportive services to male victims as well as offenders. They help build economic stability and healthy relationships.

*Servicing Suffolk County*

### **Círculo de la Hispanidad**

**Office:** (516) 889-2849

91 North Franklin Street, Hempstead, NY 11550

Spanish/English services to assist individuals affected by violence, sexual assault, stalking and dating violence. It includes case management, support groups, advocacy, counseling, crisis intervention services, safety planning, education, transitional and permanent housing as well as ancillary services, court advocacy, child custody issues, order of protection, Department of Social Services waivers, case management and other related issues.

*Servicing Nassau County*

### **Safe Horizons**

**Office:** 1 (800) 621-4673

Provides support, prevent violence and promote justice for victims of crime and abuse, their families and communities.

*Servicing NYC 5 boroughs*

## Shelters/Emergency Services

**2-1-1 Long Island 1-888-774-7633**

### Department of Social Services Centers

#### **Coram Center**

**Office:** (631) 854-2300 **Hotline:** (631) 854-9100  
80 Middle Country Road Coram, NY 11727

#### **Riverhead Center**

**Office:** (631) 852-3500  
893 E. Main Street Riverhead, NY 11901

#### **Suffolk County Department Social Services**

**Office:** (631) 854-9700  
3085 Veterans Memorial Hwy Ronkonkoma, NY 11779

#### **Smithtown Center**

**Office:** (631) 853-8714  
200 Wireless Boulevard Hauppauge, NY 11788

#### **South West Center**

**Office:** (631) 854-6600  
2 South 2<sup>nd</sup> St Deer Park, NY 11729

**\*\*Emergency services (after 4:30p, weekends, holidays): (631) 854-9100, Housing, assistance, cab rides to shelters**

### Information and Shelters Not Through DSS:

#### **Long Island Coalition for the Homeless**

**Office:** (631) 464-4314 *Homeless and in need of services*  
600 Albany Avenue Suite 2 Amityville, NY 11701

#### **Maureen's Haven**

**Office:** (631) 727-6831  
28 Lincoln St Riverhead, NY 11901  
\*November 1<sup>st</sup>- April 1<sup>st</sup>

#### **First Presbyterian Church of Glen Cove**

**Office:** (516) 945-8175  
7 North Lane Glen Cove, NY 11542  
Shelter operates Nov 30<sup>th</sup>-March 31<sup>st</sup>

## Substance Use

### **Hauppauge Intake and Maintenance Program**

**Office:** (631) 853-7373  
200 Wireless Blvd Hauppauge, NY

### **East End Methadone Maintenance Program**

**Office:** (631) 852-2680  
300 Center Dr Riverhead, NY 11901

### **South Oaks Hospital**

**Office:** Inpatient (631) 608- 5610 Outpatient (631) 608-5028  
400 Sunrise Highway Amityville, NY 11701

### **Saint Charles Hospital**

**Office:** Inpatient Detox Program (631) 474-6797 Outpatient (631) 474-6233  
200 Belle Terre Road Port Jefferson, NY 11777

### **Eastern Long Island Hospital**

**Office:** Inpatient (631) 477-8877 Outpatient (631) 369-8966  
201 Manor Pl Greenport, NY 11944

### **Catholic Charities**

**Office** (631) 654-1919  
1727 No. Ocean Ave Medford, NY 11763

### **Horizon Counseling Center**

**Office:** 631-360-7578  
161 East Main St Smithtown, NY 11725

### **Outreach**

**Office:** (631) 286-0700  
11 Farber Dr Bellport, NY 11713

### **Suffolk County Narcotics Anonymous**

**Office:** (631) 689-6262  
207 Hallock Rd Stonybrook, NY 11790

### **Mather Hospital**

**Office:** (631) 473-1320  
75 North Country Road. Port Jefferson, NY 11777

### **Talbot House Chemical Dependency Crisis Center**

**Office:** (631) 589-4144  
30 Carlough Rd. Bohemia, NY 11716



**Pederson Krag Center INC.**

**Office:** (631)-920-8300

55 Horizon Drive. Huntington, NY

**Alcoholic Anonymous**

**Office:** (631) 654-1150

113 Bay Ave #8, Patchogue, NY 11772

*Suffolk County*

**NYS Alcoholism/Substance Abuse Hopeline**

**Office:** (877) 846-7369

## Housing

### **Bellport, Hagerman, East Patchogue Alliance, Inc. (BHEP)**

**Office:** (631) 286-9236

1492 Montauk Hwy Bellport, NY 11713

Acquires, rehabilitates and rents houses to the homeless and very low-income households in Brookhaven Township, provides support services, housing counseling and other community services

### **Catholic Charities**

**Office:** (516) 634-0012

90 Cherry Lane Hicksville, NY 11801

Catholic charities provides more than 1,200 safe comfortable, affordable housing units for seniors and special needs populations throughout Long Island, from Inwood to Hampton Bays.

### **Community Development Corporation of Long Island**

#### **Suffolk Office**

**Office:** (631) 471-1215

2100 Middle Country Rd.

Centereach, NY 11720

Community Development Corporation of Long Island have two Neighbor Works Homeownership Centers that provide a comprehensive range of services to assist Long Island residents purchase their first home and to assist existing homeowners to maintain their home. Home Buyer

#### **Nassau Office**

**Office:** (516) 867-9741

54 West Merrick Rd.

Freeport, NY 11520

### **Community Housing Innovations Inc.**

**Office:** (631) 475-6390

55 Medford Avenue Suite B Patchogue, NY 11772

Community Housing Innovations provides low-income families and individuals with the housing and human services that enable them to achieve the greatest social and economic independence at the lowest cost to society.

### **County of Suffolk Office of Community Development**

#### **HOME Down Payment Assistance Program**

**Office:** (631) 853-5705

100 Veterans Memorial Highway Hauppauge, NY 11788

All applicants must currently live or work in the Suffolk County Consortium area as of April 1, 2008.

Applications are available only by mail through The Suffolk County Office of Community Development

### **Economic Opportunity Council of Suffolk, Inc.**

**Office:** (631) 234-5511

31 W Main St #300 Patchogue, NY 11772

Out Housing program is Fannie Mae and FHA approved. We offer: Housing counseling that includes budget and credit education, Affordable Housing for eligible homebuyers, and a First Home Club that provides down payment assistance.



### **Habitat for Humanity of Suffolk County**

**Office:** (631) 924-4966

643 Middle Country Rd Middle Island, NY 11953

Habitat builds simple houses with the help of the homeowners families, volunteer labor and donations. Houses are sold to families at no profit, zero interest loans.

### **Services for the Underserved**

**Office:** Long Island Services (646) 790-2449 NYC services (212) 633-6900

305 Seventh Avenue, 10<sup>th</sup> FL New York, NY 1001

Services for the underserved drive scalable solutions to transform the lives of people with disabilities, people in poverty and people facing homelessness; Solutions that contribute to righting societal imbalances.

### **HUD- US Dept of Housing and Urban Development**

**Office:** (202) 708-1112

**Website:** [www.hud.gov](http://www.hud.gov)

HUD is the Federal agency responsible for addressing America's housing needs and improving and developing the nation's communities

### **Angels for Warriors**

**Office:** (631) 651-5471

164 Main St Huntington, NY 11743

Angels for Warriors is a non-profit 501 (c)(3) Veteran resource center. We provide information and guidance about the essential resources available to America's returning warrior and their families. Over time, we have raised funds and awareness about the many needs of our Veterans, including employment, housing, health, education and legal. We work tirelessly with local politicians and other Veteran support organizations to ensure that the veteran is given the proper attention and help they require. We have a mutual ongoing relationship with the Northport VA as well as many local Chambers and Corporations.

### **Long Island Housing Partnership, Inc.**

**Office:** (631) 435-4710

180 Oser Ave. Suite 800 Hauppauge, NY 11788

The Housing Partnership provides housing opportunities on Long Island for those who otherwise would be unable to afford decent and safe homes.

### **Long Island Housing Services Inc.**

#### **Suffolk County**

**Office:** (631) 567-5111

640 Johnson Ave., Suite 8 Bohemia, NY 11716

Website: [www.LIFairhousing.org](http://www.LIFairhousing.org)

Our mission is the elimination of unlawful housing discrimination and promotion of decent and affordable housing through advocacy and education.

#### **Nassau County**

**Office:** (516) 292-0400

### **Nassau Country Homeownership Center (NCHOC)**

**Office:** (516) 572-1903

40 Main Street- First Floor- Suite B Hempstead, New York 11550

Nassau County Homeownership Center (NCHOC) is a HUD Certified Counseling Agency that provides individual counseling, education and grant information to first time homebuyers. Individuals who have all the basic fundamentals regarding finances and credit repair. NCHOC also offers default prevention counseling for homeowners experiencing difficulty in paying their mortgage. Our trained counselors also provide post-purchase and reverse mortgage counseling services.

### **Nassau-Suffolk Coalition for the Homeless**

**Office:** (631) 464-4302

**Website:** [www.nsch.org](http://www.nsch.org)

600 Albany Ave. Suite 2 Amityville, NY 11701

Since 1995 NSCH has coordinated consolidated applications to HUD. This has resulted in over forty-two million dollars in funding for housing and services for the homeless. They are partnered with Concern for Independent living.

### **North Fork Housing Alliance, Inc.**

**Office:** (631) 477-8888

110 South St Greenport, NY

The North Fork Housing Alliance, Inc. is a Community-Based, Non-Profit Housing Assistance Agency which provides families with Section 8 Rental Assistance, administers a Family Self-Sufficiency Program, assists with Home Equity Conversion and Reverse Mortgage counseling, provides Home Owners' housing, Rehabilitation, Housing Information & Counseling. First Time Home Buyer's Workshops.

### **Penates, Inc.**

**Office:** (631) 665-2866

1377 5<sup>th</sup> Avenue Bay Shore, NY

Affordable housing, educational assessment, counseling/case management, independent living support, parenting/tutoring classes, referral assistance, educational liaison, child care assistance, transportation, housing assistance.

### **Shelter Island Housing Options Inc.**

**Website:** [www.Shelter-island.org](http://www.Shelter-island.org)

The mission of Shelter Island Housing Options, Inc. is to help meet the need for affordable, appropriate and adequate housing for resident individuals and families who were born on Shelter Island or who have chosen to live and work here to raise their families, and those who have chosen to live out their retirement years here.

### **Supportive Housing Network of New York**

**Website:** [www.shnny.org](http://www.shnny.org)

The Supportive Housing Network of New York represents the statewide supportive housing community of over 150 non-profits that have developed and operate over 20,000 units of safe, affordable housing with on site services. The Network provides advocacy, resources, technical assistances, promotion of best practices and public educational services.

**Town of North Hempstead Community Development Agency**

**Office:** (516) 485-5737

50 Clinton St. #504 Hempstead, NY 11550

[www.northhempstead.com/content/4244/4247.aspx](http://www.northhempstead.com/content/4244/4247.aspx)

The Community Development Agency's Affordable Home Program utilizes funds available from the United States Department of Housing and Urban Development to construct affordable two-bedroom and three bedroom homes with 1 ½ bathrooms. Low and moderate families are eligible to purchase homes constructed by the Affordable Home Program. Applicants must be the first time homebuyers, employed, be credit worthy, have limited savings, and must have a household income below a certain ceiling

**Wyandanch Home & Property Development Corp.**

**Office:** (631) 940-6521

819 Grand Blvd Deer Park, NY 11729

**Website:** [www.whpdc.org](http://www.whpdc.org)

Wyandanch Homes and Prop Development Corp (WHPDC) is a non-for-profit providing affordable rental housing for the homeless, assisting families preparing for mortgage eligibility, and counsels families facing foreclosure.

**Hempstead Hispanic Civic Association, Inc**

**Office:** (516) 292-0007

236 Main Street Hempstead, NY 11550

## Mental Health Services

### **Mental Health Clinics**

#### **Suffolk County Division of Community Mental Hygiene Services**

**Office:** (631) 853-8500

Building C 928-North County Complex Suffolk Hauppauge, NY 11788

#### **Association for Mental Health and Wellness Helpline**

**Office:** (631) 471-7242

939 Johnson Avenue Ronkonkoma, NY 11779

#### **Suffolk ACT Team- Assertive Community Treatment**

**Office:** (631) 669-5355

#### ***HRH Care Community Health***

##### **Riverhead Clinic Health Center**

**Office:** (631) 852-1440

300 Center Drive South Riverhead, NY 11901

#### **Farmingville Clinic**

**Office:** (631) 854-2552

15 Horseblock Place Farmingville, NY 11783

#### **Wyandanch Clinic**

**Office:** (631) 782-6200

240 Long Island Ave Wyandanch, NY 11798

#### **Brentwood Clinic**

**Office:** (631) 853-7300

1841 Brentwood Rd Brentwood, NY 11717

#### **Brookhaven Youth Bureau**

**Office:** (631) 451-8011

1 Independence Hill Farmingville NY 11738

#### **Catholic Charities**

**Office:** (631) 665-6707

269 W Main St Bay Shore, NY 11706

#### **Catholic Charities**

**Office:** (631) 654-1919

1727 North Ocean Avenue Medford, NY 11763

**Colonial Youth & Family Services**

**Office:** (631) 281-4461  
2 Coraci Blvd., Suite 17 Shirley, NY 11967

**Family Counseling Service**

**Office:** (631) 288-1954  
40 Main St Beinecke Building Westhampton Beach, NY 11978  
**Office:** (631) 399-9217  
464 William Floyd Pkwy #11 Shirley NY 11967

**Family Service League**

**Office:** (631) 324-3344  
316 Accabonac Rd East Hampton, NY 11937  
**Office:** (631) 427-3700  
790 Park Avenue Huntington, NY 11743  
**Office:** (631) 425-9694  
90 East Fifth St Huntington Station, NY 11746  
**Office:** (631) 369-0104  
208 Roanoke Avenue Riverhead, NY 11901

**F.E.G.S**

**Office:** (631) 234-7807  
320 Carleton Ave #7800 Central Islip, NY 11722

**The Ministry for Hope Inc.**

**Office:** (631) 928-2377  
1 High Street Port Jefferson, NY 11777

**Madonna Heights Family Services**

**Office:** (631) 643-8800  
151 Burrs Lane Dix Hills, NY 11746

**The Ministries**

**Office:** (631) 736-4800  
2229 Route 112 Coram, NY 11727

**Options for Community Living, Inc.**

**Office:** (631) 361-9020  
202 East Main St. Smithtown, NY 11787  
**Office:** (631) 361- 9020  
600 Albany Avenue Suite 16 Amityville, NY 11701  
**Office:** (516) 481-6300  
1 Helen Keller Way Suite 402 Hempstead, NY 11550

**Pederson Krag Center INC.**

**Office:** (631)-920-8300

55 Horizon Drive. Huntington, NY

**Federation of Organization**

**Office:** (631) 447-6460

456 Waverly Ave Patchogue, NY 11772

Federation of Organization provides residential services, supportive employment services, outreach services, clinical services, and financial management services.

*Servicing Suffolk County*

**Case Management Evaluation Referral and Assessment (CAMERA)**

**Office:** (631) 853-2995

North Country Complex, Bldg C-106 Hauppauge, NY 11788

CAMERA evaluates and refers applications for persons with persistent mental illness. Case Managers assist with accessing services to improve quality of life, such as outpatient treatment, vocational services, disability benefits, housing and community supports.

**Single Point of access for Housing (SPOA)**

**Office:** (631) 231-3562

998 Crooked Hill Rd Brentwood, NY 11717

SPA coordinates all referrals for adult mental health housing in the community.

**HRH Care Health Care Clinic**

**Office:** (631) 490-3040

550 Montauk Highway Shirley, NY 11967

**Office:** (631) 866-2030

365 East Main Street Patchogue, NY 11772

**Yapank Family Center**

**Office:** (631) 924-4411

31 Scouting Blvd. Medford, NY 11763

**Community Housing Innovations Inc.**

**Office:** (631) 475-6390

55 Medford Avenue. Suite B Patchogue, NY 11772

Community Housing Innovations provides low-income families and individuals with the housing and human services that enable them to achieve the greatest social and economic independence at the lowest cost to society.

**Concerns for Independent Living**

**Office:** (631) 447-6460

312 Expressway Drive South Medford, NY 11763

Supportive housing, residential housing services for mental health.



**Sayville Project**

**Office:** (631) 563-2290

640 Johnson Avenue Suite 2 Bohemia, NY 11716

**Cody Center**

**Office:** (631) 632-3070

5 Medical Drive Port Jefferson Station, NY 11776

## Food Assistance

### **Locate a food pantry or soup kitchen:**

#### **Long Island Cares, Inc.**

**Office:** (631) 824-6384  
220A Broadway Huntington Station, NY 11746

**Office:** (516) 442-5221  
84 Pine Street Freeport, NY 11520

**Office:** (631) 991-8106  
163-1 North Wellwood Avenue Lindenhurst, NY 11757

**Office:** (631) 582-3663  
10 Davids Drive Hauppauge, NY 11788

#### **Light House Mission- Food Pantry and Thrift Center Warehouse**

**Office:** (631) 758-7584  
1543 Montauk Highway  
Bellport, NY 11713

#### **Lighthouse Mission Mobile Food Pantry Serves:**

**Website:** [www.lighthousemission.com/outreaches](http://www.lighthousemission.com/outreaches)

**Coram:** 79 Middle Country Road Coram, NY 11727

**Ronkonkoma:** 563 Portion Road Lake Ronkonkoma, NY 11799

**Central Islip:** 1 Carleton Avenue Central Islip, NY 11722

**Shirley:** 405 William Floyd Parkway Shirley, NY 11967

**Port Jeff Station:** 499 Main Street Port Jefferson, NY 11777

**Riverhead:** Peconic Riverfront Park Riverhead, NY 11901

**Centereach:** 2150 Middle Country Road Centereach, NY 11720

**Patchogue:** 90 Terry Street Patchogue, NY 11772

**Bellport:** 1741 Montauk Hwy Bellport, NY 11713

#### **Food Not Bombs**

**Hunger Hotline:** 1-800-888-1136

**Website:** <http://Communitysolidarity.org/Long-Island-Food-Not-BOMBS>

Farmingville meets Thursdays at 7pm at Intersection of horseblock Rd and Woodycrest Dr. Wyandanch meets Saturdays at 12:00pm 16<sup>th</sup> Street (across from MLKJ Health Center)

#### **Pronto- Food Pantry and Thrift Center Warehouse**

**Office:** (631) 231-8290  
128 Pine Aire Drive Bay Shore NY 11706

#### **Hands Long Island (HALI)**

**Office:** (631) 234-1925

159 Brightside Avenue Central Islip, NY 11722

Provides food, clothes as available, and Case Workers and Advocate services.

Meets Mondays (3<sup>rd</sup> Monday of the month only) from 1:00pm-3:30pm located at Centerpoint Church in Bay Shore.

Tuesdays from 11:00am-2:00pm at the St. Thomas of Canterbury Church in Smithtown

Thursdays from 11:00am-2:00pm at the Wyandanch Resource Center in Wyandanch

Fridays from 11:00am-2:30pm at HALI 159 Brightside Ave. Central Islip



**Suffolk County United Veterans- Vets Pantry**

**Office:** (631) 924-1601  
32 Mill Rd Yaphank, NY 11780

**Meals on Wheels**

**Office:** (631)363-5906  
39 Montauk Hwy, Blue Point, NY 11715

**Office:** (631) 271-5150  
423 Park Ave Huntington, NY 11743

**Office:** (631)689-7070  
216 Christian Ave, Stony Brook, NY 11790

**Office:** (631) 329-1669  
37 Newtown Ln #205 East Hampton, NY 11937

**Adelante of Suffolk County**

**Office:** (631) 234-1049  
83 Carleton Ave, Central Islip, NY 11722

**Greater Sayville Food Pantry**

**Office:** (631) 244-8375  
47 Gillette Ave Sayville, NY 11782

**Smithtown Emergency Food Pantry**

**Office:** (631) 265-7676  
90 Edgewater Avenue Smithtown, NY 11787

**Catholic Charities**

**Office:** (631)665-6707  
9 fourth Avenue Bay Shore, NY 11706

**Colonial Youth & Family Services**

**Office:** (631) 281-4461  
2 Coraci Blvd., Suite 17 Shirley, NY 11967

**Federal Food Stamp Program-Supplemental Nutrition Assistance Program (SNAP)**

**Office:** (631) 852-3500  
893 E Main St. Riverhead, NY 11901

**Office:** (631) 854-6600  
2 South 2<sup>nd</sup> Street Deer Park, NY 11729

**Office:** (631) 854-2300  
80 Middle Country Rd Coram, NY 11727

**Office:** (631) 853-8714  
200 Wireless Boulevard Hauppauge, NY 11788

**Website:** [www.mybenefits.ny.gov](http://www.mybenefits.ny.gov)

**Women, Infants and Children: WIC Program**

**Office:** (631) 853-3014  
60 Adams Avenue Hauppauge, NY 11788

## Child Care/ Parent Resources

### **Child Care Council of Suffolk**

**Office:** (631)- 854-3349 or (631) 395-4894

Child Care Council of Suffolk (CCCS) helps parents find access to safe, quality child early care and education. Educating you about the different types of child care and how to be good consumers of early care. The Suffolk Child Care Council helps by: Referring you to legal child care, Informing you about financial resources: subsidies and tax benefits, Instructing you how to become leading advocates for children through the Parent Leadership Initiative (PLI), Investigating complaints to maintain compliance with New York State regulations in Suffolk County's family child care homes and school age child care.

### **Alternatives for Children**

**Office:** (631) 722-2170

1116 Main Street Aquibogue, NY 11931

**Office:** (631) 283-3272

168 Hill Street Southampton, NY 11968

**Office:** (631) 331-6400

14 Research Way East Setauket, NY 11733

**Office:** (631) 271-0777

600 South Service Rd Dix Hills, NY 11746

This is a not-for-profit early educational center providing children ages 6 weeks to 5 years with developmental delays with comprehensive evaluation, day care services, and integrated preschool with typically developing children. Provides services with evaluations and needs assessment for services with Early Intervention, Preschool Special Education, Child Day Care Center, Nursery School and Universal Pre-K, Therapeutic and Social Work and Counseling Services.

### **Building Blocks Developmental Preschool**

**Office:**(631) 499-1237

29 Pinewood Drive Commack, NY 11725

Provides a 12-month early intervention program for children birth to age 5 and a ten month and two-month special education and therapeutic service to children ages 3-5. Offers multidisciplinary diagnostic evaluations and home and school-based, programs incorporating special education and therapy services according to the needs of the child. Available therapies include speech, physical therapy, occupational therapy and play therapy, and applied behavior analysis (ABA). Programs include: Mommy & Me, Toddler Separation class, Autism Program, Integrated Preschool Classes, Nursery School, Special Education Classes, Childcare Options, and Summer Programs.

### **Community Program Centers of Long Island, Inc.**

**Office:** (631) 476-9698

400 Sheep Pasture Road Port Jefferson, NY 11777

**Office:** (631) 585-2020

2210 Smithtown Ave Ronkonkoma, NY 11779

Three programs at this location are: Early Discovery Center, Day Haven Adult Day Services and The Childrens Community Head Start Program Not-for-profit organization providing intergenerational care to children and the elderly, including: child care for children ages 8 weeks to 5 years; vacation/summer care to children ages 5 to 12; Head Start for children from birth to age 5; Program for pregnant women and expectant families Infant care and learning Preschool care and an adult day care dementia program for frail adults which serves as a Respite and emergency respite Services for people with Alzheimer's Transportation to and from services.

### **The Children's Center at UCP of Suffolk**

**Office:** 631-543-2338

9 Smith's Lane Commack, NY 11725

Offers a comprehensive educational program designed to meet the needs of students with developmental delays and disabilities from infancy through 21 years of age. The center offers a full complement of educational and therapeutic services to promote development in the following domains: cognitive, physical, social-emotional, communication and adaptive/self-help. Parents and care-givers are active participants in their child's educational planning and serve as resources to the school-based team. Options for family support and parent training are also available. Children's Residential Program, Early Intervention ext. 391 or 306, Pre-School, School Age Program, Assistive Technology, and the MOVE Program.

### **Colonial Youth and Family Services**

**Office:** (631) 878-5049

2 Coraci Blvd., Suite 17 Shirley, NY 11967

Colonial Youth & Family Services offers a variety of free and low-cost programs and services for families and the youth of our community. From child care and clinical services to family counseling and parenting programs, Colonial can help. Colonial offers Free Pre-K (Universal Pre-Kindergarten. Colonial offers outreach services to help families who may be in need (Emergency food, School supplies, Holiday assistance (Thanksgiving/Christmas), Project Warmth (heating/electric), Camp opportunities (Kiwanis/Vacamas), Referrals to thrift stores...)

### **Developmental Disability Institute (DDI)**

**Office:** 631-366- 2900

99 Hollywood Dr, Smithtown, NY 11787

Provides Early Childhood Services, Children's Day Program, Children's Residential Program, Children's Education and Community Based Programs Adult Respite Program, Residential Program, Day Habilitation Program, Family Support Services, Vocational Services, Service Coordination, and transportation.

### **Day Care Services**

**Office:** (631) 854-3349

The Suffolk County Department of Social Services provides free or low cost subsidized child care services for eligible families residing in Suffolk County. Child care is available for children, between the ages of 6 weeks through 12 years in licensed day care centers, school age child care programs, group family day care homes, registered family day care homes, and legally exempt/informal child care programs. NOTE: Children with special needs may be able to receive subsidized child care through 18 years of age. Families must meet income and program eligibility criteria to be eligible for a child care subsidy. All individuals applying for a child care subsidy must complete an application and submit supporting documentation.

### **Flying Point Foundation for Autism**

**Office:** (631) 255-5664

25 Farmstead Ln, Water Mill, NY 11976

The Flying Point Foundation for Autism, a 501(c)3 non-profit, offers an eight-day summer camp for children with autism alongside their typical developing siblings and peers, as well as social and recreational events, scholarships and teacher grants. Our future efforts will include creating a community lifelong learning center for those with autism and other developmental differences. Provides an inclusion summer camp in which children with autism, age 6 to 21, may learn social and communication skills alongside their typically developing peers and siblings. 4 Programs- Camp Flying Point, Sib Power Program, FPF Rec Program, Work with Us. Located in Watermill

### **Just Kids Learning Center**

**Office:** (631) 281-6800

99 Lexington Rd, Shirley, NY 11967

Just Kids Early Childhood Learning Center is a comprehensive preschool program providing a full range of services to children. We have several centers based special education programs throughout Suffolk County. Just Kids also is a UPK provider for both the Longwood and William Floyd School districts. Just Kids also provides a full range of therapeutic rehabilitative services to children birth to five years of age. Services for adults and families are available through family medicine and mental health. Licensed professionals provide comprehensive evaluation, early intervention and therapeutic services.

### **Long Island Head Start**

**Office:** (631) 758-5200

98 Austin Street Patchogue, NY 11772

The Head Start Program is a program that provides comprehensive early childhood education/Childcare, health, nutrition, and parent involvement services to low-income and at-risk children and their families. Long Island Head Start Preschools Program has 25 Head Start & Early Head Start Centers throughout Long Island.

### **New Interdisciplinary School (NIS)**

**Office:** (631) 924-5583

430 Sills Rd. Yaphank, NY 11980

The New Interdisciplinary School is an innovative early childhood learning center that respects the unique needs of all children and their families. Our commitment is to provide therapeutic and educational services in a nurturing environment with the highest standard of expertise. Services include: (Special Education Services, Early Childhood Education, Child Care, Enrichment/Sports Programs and Respite, Therapeutic Services...)

### **Patchogue Medford Youth & Community Services**

**Office:** (631) 758-4100

390 Bay Ave Patchogue, NY 11772

PMYC is a Full-service community center that serves the educational, career, mental health, and youth / family-related needs of our community. Whether it be at school, home or at the center, Patchogue-Medford Youth & Community Services, Inc. offers a variety of support services and group programs free of charge. Service include: Before and After School Care in Pat-Med School District, referrals for clients in Patchogue/Medford area, Youth Council, Youth Development Activities, Recreational Activities, Thanksgiving and Holiday Assistance, Food Pantry and Clothes Closet, Volunteer programs, and individual/family/group counseling.

### **Saul and Elaine Seiff Educare Center**

**Office:** (631) 218-4949

45 Crossway E Bohemia, NY 11716

Provides pre-school and school-age programs for 0-21 year olds who are multiply handicapped with intellectual and other developmental disabilities. Also provides visual, auditory and speech education to children birth-5 years who suffer from intellectual or developmental disabilities, multiple handicaps and delayed speech. Transdisciplinary staff includes social workers, psychologists, therapists and medical support team. Family support and crisis intervention counseling provided. Transportation provided and Wheelchair accessible.

### **South Hampton Site (Alternatives for Children)**

**Office:** 631-282-3272

Provides a child-centered day care program that addresses all areas of development-social, emotional, intellectual, creative, and physical. We celebrate the child's natural avenue of learning: PLAY. The environment/curriculum is planned to offer children choices that are challenging, engaging, and varied to meet the range of interest and ability in each group. For Ages 3-5 Wheelchair Accessible.

### **The Children's Community Head Start Birth-to-Five Program**

**Office:** (631) 585-3131

2210 Smithtown Ave Ronkonkoma, NY 11779

**Office:** (631) 476-9698

400 Sheep Pasture Rd Port Jefferson, NY 11777

Provides Child Care and other services through the child care program such as: Education and Curriculum, Disabilities, Health & Nutrition, Parent Involvement, and Family Services.

### **YMCA**

**Office:**(631) 665-4255

200 W Main St, Bay Shore, NY 11706

**Office:** (631)-289-4440

155 Buckley Rd, Holtsville, NY 11742

**Office:** (631) 580-7777

1150 Portion Rd, Holtsville, NY 11742

**Office:** (631) 891-1800

255 W. Main St. Patchogue, NY 11772

**Office:** (631) 421-4242

60 Main St Huntington, NY 11743

Early Childhood and Preschool program, Universal Pre School Program, Before and after school child care programs (Kindergarten- middle school), Inclusion programs, Child Watch/daycare for gym members, Enrichment classes for children, Pre-teen and teen programs/centers, Teens in job training program, Teen Leaders Club, Sports and cultural arts program, Fitness for kids and teens, Family Activities, youth swim/pizza night for two age groups, Child Care and Summer Camp with Financial scholarship opportunities.

### **Safe Haven Program**

**Office:** 1(866) 852-2229

New York State Law allows for parents who are unable or unwilling to care for their infant, to give up custody within **30 days** of birth with complete confidentiality, no questions asked as long as no harm or neglect is involved. In Suffolk County, most Hospitals, Police Departments and Fire Stations are designated Safe Havens. A parent may also leave their infant with a responsible adult or in a suitable location and promptly call the Safe Haven hotline number provided above to provide the baby's location. Parents are encouraged (**but not required**) to provide child's health, race, date of birth, place of birth and the medical history of the parents.

### **Young Peoples Day Camp**

**Office:** (631) 476-3330

59 Church St, Kings Park, NY 11754

No need to spend a fortune for your child to have a fun, educational and safe summer. Consider these benefits of sending your children to Young People's Day Camp of Suffolk: Licensed by the NYS Health Dept. and accredited by the ACA for your child's safety, Daily door-to-door transportation to eliminate hassles and worry, Activities supervised by licensed teachers/administrators. We are professionals. Superior camper/counselor ratio to cater to your children's individual needs. We are your best dollar value, create an easy payment plan based on your individual situation and comfort level.

### **Camp Pa-Qua-Tuck**

**Office:** (631) 878-1070

2 Chet Sweezy Lane Center Moriches, NY 11934

Mission is to help children and young adults ages 6-21 with both physical and developmental disabilities achieve equality, dignity and maximum independence in a safe and quality program of camping, recreation and education. Respite Camp and Summer Camp. Includes Sponsorships and Scholarships download on webpage. Located in Center Moriches

### **West Hills Day Camp**

**Office:** (631) 427-6700

21 Sweet Hollow Rd. Huntington, NY 11743

Provides an ultimate summer camp program for children diagnosed with Autism Spectrum Disorders and other related Neurobiological Disorders. Located in Huntington

## **Advocacy & Supportive Services for Parents and Families**

### **Early Intervention through the Child Care Council of Suffolk:**

#### **Advocates For Children of New York**

**Office:** (212) 822-9519

151 West 30th Street, 5th Floor, New York, NY 10001

Advocates for Children of New York (AFC), we are dedicated exclusively to protecting every child's right to an education, focusing on students from low-income backgrounds who are struggling in school or experiencing school discrimination of any kind. by providing free legal and advocacy services, including representation at school-related hearings and appeals, and teaching families what they need to know to stand up for their children's educational rights.

#### **Achieve Beyond Pediatric Therapy and Autism Spectrum Services**

**Office:** (631) 385-7780

225 Broadhollow Rd Suite 402, Melville, NY 11747

Provides information, referral, assessments and evaluations for children with suspected delays in physical, cognitive, language or emotional development. Services also provided in case management, parent/family training, support groups, early intervention programs, preschool services, school age services and evaluations, clinical services for children 0-21 years old. Bilingual teams provide evaluations in over 40 languages (including English). Also provides preschool educational and speech screenings and parent workshops at other locations when requested.

#### **The Autism Respite Recreation Program**

**Office:** (631) 998-0016

40 Main Street, Westhampton Beach, NY 11978

This program enhances the social skills of autistic children in a relaxed and recreational setting. The program prevents social isolation for children who often are not involved in peer play groups. Siblings can participate, as well as parents. The program consists of 24 sessions, twice a month, scheduled on Sundays throughout the year. Sessions are 1 1/2 hours each.

#### **Catholic Charities**

**Office:** (631) 878-1320

416 Weeks Ave, Manorville, NY 11949

**Office:** (631) 654-1919

1727 N Ocean Ave, Medford, NY 11763

**Office:** (631) 723-3362

31 E Montauk Hwy, Hampton Bays, NY 11946

Provides Case management, resources and referrals, Housing Services, Mental health/Out Patient Services, Immigrant/refugee Resettlement Services, Mental health Residential Services, Nutrition Outreach and Education, Parish Social ministry, Regina Maternity Services, Senior Services, Women, Infants and Children Services, Chemical Dependence Services, Disaster Response Services, HIV/AIDS Services and more.



### **EAC Network - Long Island Parenting Institute**

**Office:** (631) 737-9384.

80 Wheeler Road, Central Islip, NY 11722

The Long Island Parenting Institute (LIPI) enhances outcomes for children by strengthening families and empowering mothers and fathers to become confident and effective parents. EAC Network also has services that include: Youth and Children's Services and Programs, Behavioral Health & Criminal Justice Services, Seniors & the Incapacitated, Vocational Services, Family & Community Services and much more to offer.

### **EAC- Network The Suffolk County Child Advocacy Center**

**Office:** (631) 439-0480

50 Clinton St Suite 107 Hempstead, NY 11550

The Suffolk County Child Advocacy Center (CAC) reduces the trauma of child sexual/physical abuse or neglect and promotes the coordinated prosecution of offenders. Cases at the CAC are referred by open investigations in which child abuse is alleged. A multidisciplinary team, the "Strikeforce Team," collaborates to treat the child and prosecute the offender. One child-friendly interview occurs behind a one-way mirror and is videotaped so children do not have to repeat their story or suffer from the constant reminder of what happened to them. A medical examination is conducted by a physician in a large, child-friendly examination room. Family advocates follow up with every child to ensure mental health services are being provided. Support groups for children and their families as well as individual therapy are also provided.

### **EOC of Suffolk Inc.**

**Office:** (631) 289-2124

31 West Main Street, Suite 300. Patchogue, NY 11772.

Programs & Services include: Youth and Adolescent Services, Health information/support, After-school programs/youth groups, Parenting Program, Parenting support, In-school & after-school programs, Charitable Bail Fund Program, Family Development, Housing Programs, Veterans Services, HIV/AIDS/prevention & support, Services with people with Developmental Disabilities, Referrals...

### **EOC - Economic Opportunity Council of Suffolk - Disabilities Services**

**Office:** (631) 666-6471

31 W Main St #300, Patchogue, NY 11772

Not-for-profit multi-service agency providing mentally disabled and developmentally delayed residents of Suffolk and Nassau counties with day habilitation; case management/service coordination; respite services; benefits assistance; and referrals for housing, treatment and rehabilitative care. Program services available to individuals of all ages. Please call for an appointment. Eligibility determined by OPWDD, clients should have documentation of their disability, and have a recent psychological evaluation and physical examination.

### **Family Service League**

**Office:** 631-424-9694

425 W Main St; Huntington, NY 11724

Family Service League's professionals provides both physical and emotional aid to Long Island's most vulnerable citizens- giving them hope, and an opportunity to address their problems and better their lives. FSL delivers tangible help and crisis intervention across a wide range of service areas including mental illness, drug and alcohol addiction, homelessness, job training, computer literacy, trauma counseling, at-risk youth, and family and senior citizen support services. Additionally, FSL operates pre-school learning centers, Universal Pre-K programs, recreational camping, and Suffolk County's only Community School. Includes Autism Services, Social Skills Program, Parent Support Group, Autism Respite Recreation Program.



### **Flying Point Foundation for Autism**

**Office:** (631) 255-5664

25 Farmstead Lane, Water Mill, NY

The Flying Point Foundation for Autism, a 501(c)3 non-profit, offers an eight-day summer camp for children with autism alongside their typical developing siblings and peers, as well as social and recreational events, scholarships and teacher grants. Our future efforts will include creating a community lifelong learning center for those with autism and other developmental differences. Provides an inclusion summer camp in which children with autism, age 6 to 21, may learn social and communication skills alongside their typically developing peers and siblings. 4 Programs- Camp Flying Point, Sib Power Program, FPF Rec Program, Work with Us. Located in Watermill

### **Hands Across Long Island (HALI)**

**Office:** (631) 234-1925

159 Brightside Ave, Central Islip, NY 11722

Peer run Mental Health Agency in Suffolk County, NY. Provide Services to residents: goal is advocacy and empowering participants with information and navigating of the mental health system. Provides Social Services, Advocacy, Peer Networking, L.E.A.P Program, Sel Healp, Help with filing for Social Security Income (SSI) and Social Security Disability (SSD), Housing- SPA forms, and information and resources, transportation, food pantries/soup kitchens, self-help meetings, doctors, dentists & churches.

### **Just Kids Parent Program**

**Office:** (631) 924-0008

35 Longwood Rd. Middle Island, NY 11953

Group meets weekly and is a forum to discuss concerns about parenting a child who has developmental challenges or difficulties, to discuss family issues and to provide community resources and referrals as needed. The ongoing support groups are open and allow parents to join the groups at any time.

### **ACLD - Kramer Learning Center**

**Office:** (631) 665-1900

1428 5th Ave Bay Shore, NY 11706

ACLD is a not-for-profit organization providing individualized educational and programs for different ages. Preschoolers (ages 3-5) with developmental and/or learning disabilities and community children. Early childhood education In-home visits (if relevant to child's educational program). Children ages 5-12 with the following: resources and referrals for Summer and School Vacation Camps 631-647-9577, Ext. 232), After School Therapeutic Recreation Program (631-647-9577, Ext. 232), School Vacation Respite Camps, In Home Respite Program, A Respite Voucher Program, Medicaid Service Coordinator, Non-Medicaid Service Coordinator, and Family Member Training. Ages 21 years and older with Service Coordination, Residential, Day Hab, Vocational, Family Support, Health, and Future Planning Services.

### **Kids in Action of Long Island, Inc.**

**Office:** (631) 581-6800

252 Islip Ave # B, Islip, NY 11751

Kids in Action provides a center which provides evaluations and therapy to infants and children working as a team with their families, schools and the community. Serves children birth-21 years. Therapy is provided in Kids in Action's facility, child's home, or if appropriate, in the child's daycare/school setting. Kids in Action's has speech-language pathology, physical therapy, occupational therapy, special education, counseling, psychology training and special educators, psychologists, and counselors. Kids in Action's alternative programs include: parent-child groups, sensory-motor camps, pediatric yoga, and infant massage. In addition to our alternative programs we conduct parent/caregiver workshops, as well as workshops and continuing education for professionals.

### **Kids First Evaluation and Advocacy Center, Inc.**

**Office:** (631) 243-1765

1014 Grand Blvd, Suite 5, Deer Park, NY 11729

Kids First provides high quality special needs services to children in Suffolk and Nassau County. Services include: Early Intervention, preschool and school age services in our office, your child's home, school, or daycare facility. We offer services in the following areas: speech therapy, occupational therapy, special education teachers, ABA trained teachers, physical therapy, and counseling by both psychologists and social workers as well as evaluations to children who are suspected of having developmental delays which include home based services to youngsters who cannot attend school because of behavioral and/or medical concerns.

### **Long Island Advocacy Center (LIAC)**

**Office:** (631) 234-0467

490 Wheeler Road Suite 165C. Hauppauge, NY 1178

The Long Island Advocacy Center is a non-for-profit agency dedicated to protecting the legal rights of students and individuals with disabilities. LIAC provides children and adults with advocacy and support services, including: educational advocacy for school-age youth (ages 3-21) and Medicaid service coordination for individuals with developmental disabilities (all ages). Services include: Legal Services, Employment/Vocational/Career Assistance, Education & Information, Referrals and Educational advocacy Medicaid service coordination for individuals with developmental disabilities.

### **Lodestar Children's Services**

**Office:** (631) 767-1589

Lodestar sets up home and community-based waiver services for youth between the ages of 5-21 who are psychiatrically disabled or placed in foster care homes also their families. Provides: Crisis response Services, Intensive in Home Services, Skill Building, Respite, and Family Support Services.

### **The Long Island Parent Center**

**Office:** (516) 589-4562

887 Kellum St, Lindenhurst, NY 11757

**Website:** <http://www.liparentcenterliu.org/mod/page/view.php?id=22>

Long Island Parent Center of the Center for Community Inclusion LIU, is to provide parents of children with disabilities, in conjunction with the professionals who service their children, with information and resources necessary to promote meaningful involvement in their children's education programs. Services include: Drop-in center, Technical assistance, Workshops, Attendance at community events, Training of parent members, Information and referral, and Overall support in the Special Education Process.

### **Long Island Families Together (LIFT)**

**Office:** (631) 264-5438

21 Greene Ave, Amityville, NY 11701

Long Island Families Together, Inc., as a parent and youth governed organization, will provide a strong voice to ensure that children and youth with emotional, behavioral and mental health challenges and their families have access to needed information, supports and services. System navigation Assistance, Individual Emotional Support, Workshops/Conferences, Family Peer Support Provider, Enrichment Discussion Groups, and many Support Groups.

### **Parent to Parent of NYS**

Office: (631) 434-6196

415 A Oser Ave. Hauppauge, NY 11788

Parent to Parent is a place where families of individuals with special needs, and the professionals who support them, can meet and share information. A place for us to find each other, a place for us to be made strong providing: Support, Information & referrals, Trainings, and more.

### **Therapy Center for Children**

Office: (631) 207-1053

156 N Ocean Ave, Patchogue, NY 11772

The Center provides preschool services occupational, physical, speech and special education services and early intervention services (children 0-3 years of age) in Suffolk County, New York. The center has bilingual speaking therapists. The Therapy Center for Children also provides private pay sessions for early intervention and school-based children throughout the Long Island region.

### **Town of Brookhaven Youth Bureau**

Office: (631) 451-8011

1 Independence Hill, Farmingville, NY 11738

Town of Brookhaven Youth Bureau provides Individual and/or Family Counseling Services, Anger management, Displaced homemaker group, Girls Support Group, Parent Support, Advocacy, Community Service, Case management, Independent Living Skills, Intervention with Runaway and Homeless Youth, Crisis Intervention, Educational/Support groups, College planning, Summer camps and Before/After Care programs, and more.

### **Up Wee Grow, Inc**

Office: (631) 351-1111

3 Greenhills Rd, Huntington Station, NY 11746

Up Wee Grow, Inc. is an agency approved by the NYS Early Intervention and CPSE programs, Evaluations and Therapies are provided for children birth through age 5. Services include: Speech Therapy, Special Education, Psychology, Occupational Therapy, Physical Therapy, Service Coordination, and Audiology.

### **YAI Seeing Beyond Disability**

Office: (631) 967-7100

995 Fulton Ave., Route 109 Farmingdale, NY 11735

YAI supports people of all ages with intellectual and developmental disabilities in achieving the fullest life possible by creating new opportunities for living, loving, working, and learning. Services include in-home supports, residential services, site and community-based day services, as well as vocational programs geared toward assisting people to engage in positive and productive activities. Which include skill building, recreational programming, volunteer and employment opportunities.

***\*\*Your Local Library is a great Resource to use for recreational things to do, museum passes, entertainment and events, support groups, education, employment, technology, and many other supportive services. Some libraries even have a Social Worker and or Case Manager.***

## Transportation

### **Suffolk County Transportation**

**Office:** (631) 852-5200 *Suffolk Bus services*

**Office:** (631) 231-5477 *LIRR Train & Fare*

**Suffolk County Accessible Transportation (SCAT) Services-** (631)738-1150

**Suffolk County Department of Social Services-** 1(866) 952-1564 *Medicaid Transportation*

### **Logisticare Medicaid Non-Emergency Transportation**

**Office:** (844) 678-1103

### **Town of Brookhaven Jitney Transportation Program**

**Office:** (631) 451-9081

Transportation and disability services program providing seniors (ages 60+) and older adults with disabilities with daily transport to medical appointments and grocery stores. Must reside in the Town of Brookhaven. Transport is provided within the boundaries of the Town of Brookhaven only. Please call to request an application or to determine eligibility. Program participants must schedule transportation appointments in advance. There is a \$3 round-trip transportation fee, but patrons will not be turned away due to inability to pay.

### **Senior Citizen Transportation**

**Office:** (631) 265-8811

Transportation for services in the Smithtown Township for senior citizens age (60+).

### **Suffolk County Office for the Aging**

**Office:** (631) 853-8200.

Office providing Suffolk County residents ages 60+ with advocacy, information, and referrals for case management, transportation, home care, respite, home-delivered meals, and congregate nutrition programs.

## Employment Assistance

### **NYS Department of Labor (DOL)**

**Office:** (631) 687-4800

160 South Ocean Ave, Patchogue NY 11772

### **DOL One Stop Employment Center**

**Office:** (631) 853-6600, Hauppauge

**Office:** (631) 852-1955 Riverhead

### **Youth Employment DOL**

**Office:** (631)853-6526

725 Veterans Memorial Highway Hauppauge, NY 11788

*In-School Youth Work Experience Program, Out-of-School Youth Work Experience Program, Summer Youth Employment Program*

### **EOC of Suffolk, Inc**

**Office:** (631) 289-2124

31 West Main St. Suite 300 Patchogue NY 11772

### **LI Cares- New Paths to Achievement Career & Personal Development**

**Office:** (631) 991-8106 *South Shore Service Center*

**Office:** (631) 824-6384 *Harry Chapin Food Bank & Humanitarian Center*

### **Displaced Homemakers Program**

**Office:** (631) 853-6540

*Getting back into the workforce for Widowed, divorced, separated, and unemployed or underemployed.*

### **Career Couture (EAC Network)**

**Office:** (631) 853-6769 *Job interview/work attire free of charge*

### **Dress for Success**

**Office:** (631) 451-9127

Career center, Career Development and Employment Services, Work/Interview Attire (free), Groups, Financial Literacy, Interviewing Skills etc...

### **Employment Program for People with Disabilities**

Who to contact for further information on the Suffolk County Dept. of Civil Services employment programs:

**Suffolk County Department of Civil Service** (631) 853-5500

**Suffolk County Office for People with Disabilities** (631) 853-8333 or (631) 853-5658

**New York State Education Department ACCES-VR** (631) 952-6357 or (631) 727-6496

**New York State Commission for the Blind and Visually** (516) 564-4311

## **Emergency Phone/Hotlines**

### **Emergency Housing/DSS**

**Office:** (631) 854-9547 after 4:30pm (631) 854-9100

### **Heating Emergency**

**Office:** (631)854-9935 after 4:40pm (631) 854-9100

### **Adult Protective Services (APS)**

**Office:**(631)854-3195 or (631)854-3196

### **Child Protective Service Hotline (CPS)**

**Office:** 1(800) 342-3720

### **Suffolk County Domestic Violence Hotline**

**Office:** (631) 853-8222

### **Mental Health Hotline for Suffolk**

**Office:** (631)952-3333

### **Association for Mental Health & Wellness Helpline**

**Office:** (631) 226-3900

### **Lifeline SUICIDE Hotline**

**Office:** 1-800-273-TALK & Spanish Hotline 1-800-628-9454

### **Response of Suffolk County**

**Crisis Intervention Hotline-** (631) 751-7500

### **Suffolk Mobile Crisis Team**

**Office:** (631) 952-3333

### **Stony Brook Comprehensive Psychiatric Emergency Program (CPEP)**

**Office:** (631) 444-6050

### **Sagamore Mobile Crisis Team for Children under 18**

**Office:** (631) 370-1701

### **Suffolk Assertive Community Treatment Team (ACT)**

**Office:**(631) 669-5355

### **LGBTQ Suffolk LIGALY**

**Office:** (631)665-2300

### **Gay & Lesbian Switchboard of Long Island**

**Office:** (631) 665-3700

**National Runaway Safeline**

**Office:** 1-800-621-4000 after hours 1-800-786-2929

**Missing Children**

**Office:** 1-800-843-5678

**NYS Alcoholism/Substance Abuse Hopeline**

**Office:** (877)-846-7369

**Alcoholics Anonymous**

**Office:** (631)- 669-1124

**Suffolk Substance Abuse Hotline**

**Office:** (631) 979-1700

**Narcotics Anonymous**

**Office:** (631) 689-6262

**Parents Anonymous**

**Office:** (631)265-3311 *Suffolk Center*

**Office:** (631) 654-7878 *Brookhaven Youth Bureau*

**Safe Haven Program**

**Office:** 1(866) 852-2229

**Life Center Hotline**

**Office:** (631) 243-0066

**Rape/Sexual Assault/Abuse- VIBS**

**Office:** (631)360-3606

**Mercy Ministries Pregnant or Teen Parent**

**Office:** (631) 563-0454

**Veteran Crisis Line**

**Office:** (800) 273-8255

**Debtors' Anonymous**

**Office:** (212) 969-8111

**HIV/AIDS Teen Hotline**

**Office:** 1(800) 999-9999

**NY Immigration Hotline**

**Office:** (800) 566-7636

**Postpartum Support International**

**Office:** (800)944-4773

**Postpartum Education for Parents**

**Office:** (805) 564-3888

**Suffolk County Crimes Victims Hotline**

**Office:** (631) 689-2672



## **Pregnancy Options & Supportive Services Including Teen Parent Services**

### **AAA Pregnancy Options**

**Office:** (631) 243-0066 → Deer Park

**Office:** (631) 591-9017 → Riverhead

**Office:** (516) 408-6300 → Hempstead

**Office:** (516) 798-9100 → Massapequa

24/7 Hotline (800)-395-HELP

Free pregnancy tests, Sonograms, Support, post abortion support groups, Abortion Retreat, Planning for your Future and your babies, Education- making healthy choices, sexual integrity education, Resources- Maternity housing, Employment Opportunities, Continuing Education, Referrals for Social Services and supportive services, Adoption Assistance, Prenatal Care and Postnatal Care, Essential baby Items, Counseling, Intervention Counseling, post-abortion counseling, relationship assessments and more...

### **Life Center of Long Island**

**Office:** (631) 243-2373 → Deer Park

**Office:** (516) 798-9100 → Massapequa

**Office:** (516) 408-6300 → Hempstead

**Office:** (631) 591-9017 → Riverhead

Free pregnancy tests, Sonograms, Intervention Counseling, Pre-natal and Post-Natal Guidance, Material Aid such as cribs, Car Seats, Clothing and diapers, Assistance with linking to appropriate community resources such as: Maternity housing, Continuing education, employment opportunity, education, Support....

### **Equal Opportunity Council of Suffolk- Teen Parent Program**

**Office:** (631) 968-8000

With a focus on early childhood development, empathy, early literacy, and proactive – rather than reactive – parenting techniques, this program is available in a group setting, as well as limited case management services for pregnant or parenting adolescents. Services for pregnant and parenting teens ages 12-21-includes Case management, Home Visits & Group Workshops, Parenting Education, Referrals, Family Planning Clinic tours...

### **Planned Parenthood**

**Office:** (631) 361-7526

PCAP insurance, takes most insurance, Gynecology and Prenatal Care. Patchogue, Smithtown, Riverhead, West Islip, Huntington, and Massapequa.

### **Suffolk Perinatal Coalition**

**Office:** (631) 475-5400

SPC can help you find the resources you need throughout your pregnancy and beyond, from affordable medical care to the transportation to get you there. We can help you with emergency food, housing, and other things you need to get by. Information and Referrals, Case Management, Mentoring Mothers, Baby Dresser, Health Education, Phone and Support Groups, Fatherhood support, Emergency Bus Vouchers, Emergency Baby Supplies...

### **Colonial Youth & Family Services**

**Office:** (631) 281-4461 *Teen Parent Services*

Teens living in the William Floyd District Age 13-21. Case Management, Counseling, Support, Child Care, Educational Workshops, Child Care during Workshops, Preventative Services, Socialization, Transportation...

### **Postpartum Resource Center of NY, Inc. Information & Referral**

**Office:** (631) 422-2255

Provides free education, emotional support, support groups, and healthcare referrals to pregnant and postpartum mothers and fathers experiencing depression and/or anxiety (perinatal mood and anxiety disorders including postpartum depression and postpartum psychosis). Moms on Call and Family Telephone Support provided by trained volunteers. Circle of Caring support groups and training provided to healthcare providers and the community. Information and referral is also available on miscarriage, stillborn birth, abortion, and adoption. Call for further information.

### **Suffolk BOCES Support Services for Pregnant and Parenting Teens**

**Office:** (631)-667-6000

Provides child care, parenting instruction, and other support services for pregnant and/or parenting students. Parenting instruction affords each student the necessary support and counseling in caring for his/her child. Home instruction is available for the period before and after the birth of the child.

### **Prenatal Care Assistance Program (PCAP)**

**Office:** 1-800522-5006 Hotline

## Veterans Services

### **Northport VA Medical Center**

**Office:** (631) 261-4400

79 Middleville Rd, Northport, NY 11768.

### **Long Island State Veterans Home**

**Office:** (631) 444-8387 *Nursing home,*

**Office:** (631) 444-8530 *Adult Day Health Care* Stony Brook, NY

Veterans' home providing honorably discharged U.S. veterans, veteran's spouses, and Gold Star parents with skilled nursing care and medical model adult day health care.

### **Suffolk County Veterans' Service Agency**

**Office:**(631) 853-8387

County program that provides disabled veterans and their families with legal and social services; files medical claims and offers referrals to benefit assistance services, Case Management/Service Coordination, Assistance with filing service connected disability claims and Aid and attendance for veterans and their spouses.

### **United Veterans Beacon House**

**Office:**(631) 227-0777

Supportive services available for veterans and families living in or transitioning to permanent housing, Access to health care services, veterans peer support, childcare, transportation, personal financial planning, income support services, rent and utility arrears, security and first month's rent, realtors fees, moving expenses, housing counseling, referrals for legal services. Case Management, Crisis Intervention, Transportation, Vocational Counseling, Thrift Store, Food assistance, Vets Build Program, Homeless Veterans Reintegration Program, MILITARY FAMILY ASSISTANCE INITIATIVES, other supportive services for veterans.

### **Homeless Veterans Reintegration Program (HVRP)**

**Office:**(631) 665-1571

Through the United Veterans Beacon House-helping Veterans get employed. Free Services: Job search assistance, Job placement assistance, Resume preparation, Job interview preparation, Clothing for interview, School preparation & selection, Referral to funding sources for education

### **Veteran Entrepreneurial Assistance Center**

**Office:** (631) 851-6214

60 hour business training program, one-on-one counseling, assistance in development of a business plan, ongoing one-on-one technical assistance, veteran business certification assistance and more...

### **Concern for Independent Living- Veterans Services**

**Office:**(631) 758-0474

Not-for-profit housing assistance agency providing adults with mental illness, substance abuse disorder, veterans, and low income with affordable, supportive, transitional, and permanent housing opportunities, including community residences, supported housing, supervised individual residences, and couples and family housing.

### **Patchogue and Riverhead Community - Based Veterans Outpatient Clinic**

**Office:** (631) 754-7978

Outpatient clinic providing veterans with primary medical care, mental health care, and referrals to specialty care services. Health information/support, Health center/clinic & Women's health services. Health center/clinic, Social worker onsite and Blood draws and laboratory tests.

**CDC Long Island**

**Office:** (631) 471-1215

Financial education and coaching, homeownership programs, mortgage trouble, home improvements/going green, and rental housing programs.

**Veterans Discount Program**

**Office:** (631) 853-8387 or (631) 852-1410

In order to obtain your veteran discounts, you will need a Suffolk County Resident Veteran ID card. You would either need to come down to our office in Hauppauge or Riverhead.

**Education Benefits**

**Office:** 1-888-442-4551

**Veteran Peer Support Groups**

**Office:** (631) 853-8345

**Family Service League Veterans Assistance**

**Office:** (631) 650-2182

**VA Regional Office**

**Office:** 1-800-827-1000

**Veteran Crisis Line**

**Office:** 1(800) 273-8255

**VA Life Insurance**

**Office:** 1(800) 669-8477

**VA Home Loans**

**Office:** 1 (888) 768-2132

**Vets Food Pantry:**

**Office:** 631-924-1601

**Veteran Crisis Line**

**Office:** 1(800) 273-8255

**DAV Transportation**

**Office:** 631-754-7980 *2 week notice required*

**Homeless Veterans, The Vets Place**

**Office:** 631-924-8088

**Canine Companions for Independence Wounded Veteran Initiative**

**Office:** 631-561-0200

## Car Seats

### **EAC Network: Safe Seat**

**Office:** (516) 292-7362 → Hempstead

**Office:** (631) 648-7100 → Central Islip

Educate the community on passenger safety and work with parents and child care providers to promote effective and appropriate use of car seats, booster seats, and seat belts in order to prevent injuries to children. Community outreach and subsequently, conducting educational workshops. Safe Start hosts permanent fitting stations in Nassau and Suffolk Counties that offer safety seat inspections by certified technicians. The program's van offers a mobile fitting station to provide these services to parents in need at unlimited locations. In addition, complimentary child safety restraints are provided to clients most in need.

### **Suffolk Perinatal Coalition**

**Office:** (631) 475-5400 → Patchogue

Baby Dresser- provides car seats to moms who just gave birth. Must be picked up. Should sign up prior to giving birth so you can call after birth to pick up.

## Phones

### **Free/low cost Cell Phones and service low income:**

**Website:** <http://www.assurancewireless.com>

**Website:** <https://www.safelinkwireless.com>

### **Clear Captions Phone System**

**Office:** 1 (866) 868-8695

**Website:** <https://www.clearcaptions.com/> *Free caption phone for individuals with hearing loss*

### **Communications- Verizon Lifeline Program**

**Office:** 1 (800) 483-2000

**Website:** <https://www.verizon.com/support/residential/account/manage-account/lifeline-discount>

Discounted landline and internet services for visually or hearing impaired who receive public assistance and have low income



**Durable Medical Equipment Programs/Services (Low cost/Free DME)**

**Angels of Long Island**

**Office:** 631-803-6775 → Patchogue, NY

**Website:** <https://www.angelsolongisland.com>

**Freecycle Network (Huntington Group)**

**Website:** <https://www.freecycle.org>

**Lending Comforts (Smithtown Residents)**

**Office:** (631)-265-1674

**Website:** <http://www.lendingcomforts.org>

**New York State Commission on Quality of Care and Advocacy for Persons with Disabilities**

**Office:** 1 (800) 624-4143

**Websites:** <http://www.getatstuff.com>

<https://www.justicecenter.ny.gov/services-supports/assistive-technology-traid>

<http://www.getatstuff.com/home.php>

**Suffolk Independent Living Organization Lending Closet**

**Office:** (631) 880-7929

**Website:** <https://www.siloinc.org/services/traid.php>

### Nassau/Suffolk Law Services

**Office:** (631)232-2400 → Islandia & **Office:** (631)369-1112 → Riverhead

#### **DEFENDING DISABLED CLIENTS' RIGHTS AT DSS**

**Office:** (631) 232-2400

**The Education and Disability Rights Project:** protecting the educational rights of children with disabilities by ensuring the provision of disability related services, will also assist individuals with disabilities in the negotiation and where appropriate, appeal of adverse eligibility decisions pertaining to disability related services and programs, and advocate for effective life transitions for individuals with disabilities.

**The SSI/Disability Advocacy Project:** Provide legal assistance to low income clients in matters relating to SSI (Supplementary Security Income) and SSD (Social Security Disability). DAP is funded specifically to represent clients in receipt of public assistance who need representation in appealing initial denials of Social Security-related benefits.

**Adult Home Project:** Legal assistance to residents of licensed Adult Homes on LI

**ICAN Project:** We are assisting participants in NYS Managed Long-Term Care (MLTC), Fully Integrated Duals Advantage (FIDA), Health and Recovery Plan Program (HARP) and Long-Term Support Services (LTSS) in Mainstream Managed Care (MMC) Programs, and persons transitioning into MLTC plans. Services include education, information and advice to participants, caregivers and their advocates, navigational assistance and coordination, and advocacy and legal representation

**The David Project:** Assist HIV-infected people and their families with a wide range of legal problems, including public benefits, housing, consumer, family matters, discrimination issues, access to health care, and planning for the future through wills, guardianships and advance directives for medical treatment.

**The Permanency Legal Assistance Needs Project (PLAN):** The PLAN project provides legal assistance to individuals and families affected by every type of cancer, so that they can better cope with legal, financial and medical issues, including permanency planning. Services include but are not limited to, public benefits, health coverage, advance directives and some housing concerns.

**Self-Help Child Support Project:** Pro bono attorneys and law students are available to assist custodial parents in drafting petitions, and providing advice, information, and education about the child support process.

**The Civil Unit:** Provide legal assistance to low income persons with housing problems, including eviction proceedings and other landlord-tenant problems, Section 8 subsidy and public housing issues

**Senior Citizens Law Project:** Legal services to those seniors who cannot afford a private attorney in matters relating to benefits, housing, health, and estate planning



**The Mental Health Law Project:** Legal assistance in civil matters to persons who are severely and persistently mentally ill with issues relating to basic necessities of life, such as housing, public benefits and access to health care

**Consumer Debt Legal Assistance Project:** Provides assistance and/or representation to persons with consumer debt issues. Especially those which involve medical debt and debt buyers.

**The Domestic Violence Unit- Suffolk County:** Legal representation to Suffolk domestic violence victims is provided in family law matters, including orders of protection, child support, custody and visitation. Individuals who are not eligible for representation through Legal Aid or the 18B panel will be eligible for assistance from this project. Referrals must be made by a domestic violence agency. In addition, thanks to HUD funding, we are currently serving domestic violence victims who are residing in a shelter, or who are otherwise homeless as a result of fleeing from domestic abuse. Immigration status is not a factor.

**17 A Guardianship Project:** Legal services and help for parents and other close relatives of young adults with severe intellectual and developmental disabilities prepare their Surrogate's Court guardianship petitions. Those wishing to be screened for eligibility should contact us at (631) 232-2400 and ask to speak with the Pro Bono Unit.

**The Foreclosure Prevention Project:** Assist homeowners to prevent foreclosure, through loss mitigation options and/or legal challenges.

**Veterans Rights Project:** Provides representation, consultations and/or education to veterans with income under 200% of the poverty level. Services include assistance with veteran's benefits, discharges, public benefits, landlord/tenant and child support. Please call 631 232-2400 for information

**The Welfare Unit:** This unit provides legal assistance to persons experiencing problems with public benefits programs administered by the local Departments of Social Services, including welfare (TANF and Safety Net), Medicaid, Food Stamps, Child Care Assistance, HEAP, emergency shelter for the homeless and other emergency assistance programs.

## Legal Services/Advocacy

### **Legal Aid Society**

**Office:** (631) 853-5212 *Criminal & Family Law*

### **District Court Office**

**Office:** (631) 853-5212

### **Family Court Office**

**Office:** (631) 853-4343 Central Islip

### **Children's Law Office**

**Office:** (631) 439-2450

### **Riverhead Office**

**Office:** (631) 852-1650

### **Family Crimes**

**Office:** (631) 852-2555 → Riverhead

### **New York Legal Assistance Group**

**Office:** (212)-613-5000

### **Touro Law**

**Office:** (631) 761-7080

### **BAR Association**

**Office:** (631) 234-5511

### **Brighter Tomorrows Court Advocates for DV**

**Office:** (631) 395-1800

### **Court Appointed Special Advocate Program**

**Office:** (631) 853-4206

### **Elders Law**

**Office:** (631) 853-4232

### **FOCUS (For our Children & Us)**

**Office:** (631) 854-0857

### **Long Island Advocacy (LIAC)**

**Office:** (631) 234-0467

### **Long Island Hispanic Bar Association**

**Office:** 1 (877) 745-4422

**Mental Hygiene Legal Services**

**Office:** (631) 746-4545

**National Alliance Mental Illness (NAMI)**

**Office:** (631) 283-2670

**Pamm II Mental Disability Law Clinic**

**Office:** (631) 421-2244

**Parents for Megan's Law**

**Office:** (631) 689-2672

**Protection & Advocacy for Individual Rights**

**Office:** (631) 232-2400

**Probation**

**Office:** (631) 853-4246 → Central Islip

**Office:** (631) 853-1939 → Riverhead

**Sepa Mujer** (*Latina Immigrant Women*)

**Office:** (631) 650-2307

**Suffolk County Child Advocacy Center**

**Office:** (631) 439-0408

**Touro Law Clinic**

**Office:** (631) 761-7080

Advanced Bankruptcy Clinic, Bankruptcy Clinic, Criminal Defense Clinic, Criminal Prosecution Clinic, Disaster Relief Clinic, Elder Law Clinic, Family Law Clinic, Immigration Law Clinic, Mortgage Foreclosure Clinic, Small Business and Not-for-Profit Law Clinic and the Veterans' and Service members' Right Clinic.

**Center for Restorative Practices Inc. Hope for Youth**

**Office:** (631) 650-2321

**Touro Divorce Project**

**Office:** (631) 761-7197

**Touro VITA (Volunteer Income Tax Assistance) Project**

**Office:** (631) 761-7033

**Touro Senior Citizens Law Program**

**Veterans Legal Services**

**Office:** (631) 853-8387 & (631) 852-1410

**Veterans Beacon House**

**Office:** (631) 665-1571

## LONG ISLAND HISPANIC / LATINO COALITION

### **Adelante of Suffolk County**

**Office:** (631) 434-3481 **Fax:** (631) 434-3496

Brentwood, Miriam Garcia, Executive Director- *Housing for the Mentally Ill*

### **Circulo de la Hispanidad**

**Office:** (516) 889-3869

Long Beach, Gil Bernadino, Executive Director: *Computer Training, Domestic Violence Intervention, Cultural Enrichment, Referrals*

### **COPAY, Inc.**

**Office:** (516) 466-2509

Great Neck. Maria Cuadra, Executive Director: *Bilingual, Culturally Competent Professional Care: Alcohol/Substance Abuse Treatment, Mental Health, Youth Prevention, Leadership Development, HIV Supportive Counseling, Domestic Violence Intervention*

### **Hempstead Hispanic Civic Association**

**Office:** (516) 292-0007

Hempstead. George Siberon, Executive Director: *Bilingual tutoring for elementary school children, parent leadership training and family support, advocacy for housing development*

### **Hispanic Counseling Center**

**Office:** (516) 538-2613

Hempstead, NY 11550, Gladys Serrano, Executive Director: *Mental Health, Youth Prevention, Substance and Alcohol Abuse*

### **La Casita Hispanica Day Treatment at Pilgrim State**

**Office:** (631) 761-3828

### **La Fuerza Unida, Inc.**

**Office:** (516) 759-0788

Glen Cove. *Housing*

### **Making the Road**

**Office:** (631) 231-2220 → Brentwood

### **LI Wins Immigration Services**

**Office:** (516) 333-7331

### **Workplace Project**

**Office:** (516) 565-5377

Hempstead. Nadia Marin-Molina, Esq., Executive Director: *Workers Rights, Day Laborers, Domestic Workers, Legal Assistance, Advocacy*



**Immigration Services/ Law Services**

**Carecen**

**Office:** (631)273-8721

**Catholic Charities**

**Office:** (631)789-5210

**New York Legal Assistance Group**

**Office:** (212) 613-5000

**NY Justice for Our Neighbors**

**Office:** (516) 931-2626

## **24 Hour Pharmacies**

Walgreens Pharmacy: Selden, NY. (631) 451-6849

Walgreens Pharmacy: Deer Park, NY. (631) 667-7023

CVS Pharmacy: Holbrook, NY. (631) 467-3444

CVS Pharmacy: West Islip, NY. (631) 422-1912

CVS Pharmacy: Amityville, NY. (631) 691-0428

CVS Pharmacy: Port Jefferson, NY. (631) 642-3019

CVS Pharmacy: Huntington Station, NY. (631) 425-8871

CVS Pharmacy: Lindenhurst, NY. (631) 225-5192

Rite Aid: Shirley, NY. (631) 399-8070

Rite Aid: Copiague, NY. (631) 842-8096

Rite Aid: Huntington, NY. (631) 549-9400

Rite Aid: Hampton Bays, NY. (631) 728-2566

Rite Aid: Bridge-Hampton, NY. (631) 537-0235

### Pharmacies that Deliver

**Belle Mead Pharmacy:** brings your prescriptions, durable medical equipment, and healthcare supplies you want to you - at home, senior residence, assisted living facilities, at work, even the hospital. Belle Mead can pre-pack and label medications by dosages. **TEL: (631) 444-0784**, located in East Setauket and serves surrounding areas of- Farmingville, Hauppauge, Holbrook, Holtsville, Lake Grove, Lake Ronkonkoma, Medford, Nesconset, Port Jefferson, Ronkonkoma, Selden, Smithtown, Setauket & Stony Brook

**Echo Pharmacy:** offers free delivery to all local residents with prescriptions over \$10.00 and within 10 miles of our Miller Place, New York location. **Phone: 631-642-8175.**

**Medford Chemist:** Free Same Day Delivery, 7 days a week, all year round.

Diabetic Supplies. Hard to find Drugs. Compounding Services Available. Specialty Drugs. All Medications for HIV Patients. Pre-printed Physician Order Sheets and Medication Administration Records. Customized billing and innovative pricing strategies to help with cost containment. Pharmacy reviews performed by knowledgeable and experienced consultant pharmacists. Customized Packaging. Packaging Options: Medication Vials, Blister Packaging, & Multidose Packaging. Serves Suffolk County **Phone-631-475-4476**

**New Island Pharmacy:** PRESCRIPTION DELIVERY offering free delivery and pick up of any & all prescriptions! Call us for details at **(631)392-4800**, located in Deer Park.

SALUMED RX- Delivery Service serves the Brentwood, Bayshore and Central Islip areas. Delivery services can include delivery to Sayville and Fire Island Via Ferry during the summer months. Bay Shore: **(631) 231-4960** & Brentwood: **(631) 299-0213**

## **Recreational Resources/Activities for ALL Abilities**

***\*\*Your Local Library is a great Resource to use for recreational things to do, museum passes, entertainment and events, support groups, education, employment, technology, and many other supportive services. Some libraries even have a Social Worker and or Case Manager.***

### **HopeFitness- Making Fitness Accessible for ALL Abilities**

**Office:** 1 (877) 396-4673

Suffolk's Bohemia location combines exercising with fun and Socialization to create a truly unique program. This program does not only provide the means for weight loss, increased muscle strength and flexibility, but to most importantly give Participants a safe and comfortable place. Services include: Group Fitness training, Personal training, Home Visits, Specialized Fitness...

### **Air Trampoline Sports**

**Office:** (631) 619-6000

Offers fun for the entire family! Our Indoor Trampoline Park contains over 16,000 square feet of jumping surface, including a foam pit with 3 lanes, 3 dodgeball courts, 2 basketball slam dunk lanes, and over 7000 square feet dedicated to a spacious main court. Programs include: Open Jump, AirObics, Toddler Air Time, Air After Dark Party, and Special Needs Private Hour first Sunday Every month at 10:00 am. Located in Ronkonkoma. Check out website for costs, hours and accommodations:

<http://www.airtrampolinesports.com/locations/long-island/>

### **Autism family Swim & Sailing**

**E-mail:** Linda at [lwoods@landandseasportsclub.org](mailto:lwoods@landandseasportsclub.org)

Sailing program begins on a Monday July 6<sup>th</sup> and runs for 8-9 weeks. This takes place at the Sayville Yacht Club. Monday evenings 6pm-8pm. You must sign up for this event.

### **ACLD-School Vacation Respite**

**Office:** (631) 647-9577 *Linda*

Provides school vacation respite program during one-week school closings (winter, and spring breaks). Children ages 5-10 years with developmental disabilities, participate in scheduled activities with non-disabled peers. Parents must provide transportation. Programs located at Commack and Bay Shore Y's. Check website for location and program times. Children ages 5-10 years with developmental disabilities living in Nassau/Suffolk Counties. OPWDD eligibility, letter required, application/screening process prior to acceptance.

### **Bethpage Ballpark- Home of the LI Ducks**

**Office:** (631) 940-3825

*Baseball games/events. Check website for ticket pricing and schedule.*

### **Brookhaven Lab**

**Office:** (631) 344-4495

Brookhaven National Laboratory is a multipurpose research institution. Brookhaven lab offers On Site Educational Programs & Internships and tours for groups of 10 or more. Summer Sundays include: Exciting science shows, tours of world-class science facilities, and entertaining activities for children and adults are all part of the free fun and learning opportunities offered to the public during the months of July and August. Check dates. Website: <https://www.bnl.gov/visiting/>



### **Country Fair Entertainment Park**

**Office:** (631) 732-0579

**Website:** <http://www.countryfairpark.com/>

Indoor/outdoor complex featuring mini-golf & a driving range, batting cages, go-karts & laser tag. See website for additional information such as costs, accommodations and planning your visit.

### **Dog Ability**

**Office:** (516) 387-0066

Dog Ability is a Center on LI that invites participants to visit at an all-inclusive location where specialized canine-interactive experiences is aligned with some participants needs. Offering multiple canine-assisted activities, utilizing certified therapy dogs who engage with out participants in one-on-one experiences including elements found in canine sports. Syosset location

### **Escape Game LI**

**Office:** (631) 974-6988

**Website:** <https://www.escapegameli.com/>

Four Escape Rooms- Each Escape Room will present a series of challenges and more than one room to escape. You have 60 minutes. Think you have what it takes? Challenging and fun experience guaranteed! Located in Yaphank & Ronkonkoma Check out website for additional information such as hours and costs.

### **Gateway Playhouse**

**Office:** (631) 286- 1133

The Performing Arts Center of Suffolk County strives to enrich a wide range of communities with quality theatrical experiences through diverse arts, entertainment and educational programs. Plays and shows. Check website for upcoming attractions and ticket prices. Located in Bellport.

### **Great Strides Long Island**

**Office:** (631) 786-9708

Great Strides believes in the benefits of equine assisted activities for everyone – children, adults, veterans - of all abilities. Our equine friends can help us face all of life’s challenges with strength and confidence. Whether you're a teenage girl with a love of animals, a child with CP or autism, or an adult that needs to get some exercise, horseback riding and other equine activities offer opportunities to strengthen your mind, body and soul. Our programs, located at Saddle Rock Ranch in Middle Island, are customized to meet your needs.

### **Holtsville Ecology Site**

**Office:** (631) 758-9664

Animal Preserve/Zoo, Walking and Exercise trail, Pool, Playground and Picnic area, and Safety Town Educational Center. Hosts many events check town of Brookhaven website. Located in Holtsville.

### **Kenneth P. LaValle Stadium**

**Office:** (631) 632-4513

*Home of the Stony Brook University Seahawks. Located in Stony Brook.*

### **Montauk Lighthouse Museum**

**Office:** (631) 668-2544

**Website:** <http://montauk-lighthouse-museum.business.site/>

Tour the Lighthouse and grounds. located in Montauk. Check website for prices and planning.

### **Music Academy for Special Learners**

**Office:** (631) 615-6706 & (631)487-8626

**E-mail:** [maria@music4speciallearners.com](mailto:maria@music4speciallearners.com)

Music and Art programs designed to enrich the lives of children and adults. We are open to the public and work with ALL individuals and ALL levels and abilities. We offer: private instrumental instruction, private and group music therapy, musical classes and private and small group art instruction for children and adults of all levels and abilities, and all of our sessions are led by highly qualified staff.

### **Patchogue Theater- The Patchogue Village Center for the Performing Arts**

**Office:** (631) 201-1313

**Website:** <http://www.patchoguetheatre.org/>

Check website for ticket costs, showings and events.

### **Rolling Thunder Special Needs Program:**

**Office:** (631)399-5564

This is a unique inclusion-based running, walking, and wheelchair racing club for individuals ages 5 and up.

### **Suffolk JCC- Special Needs Program**

**Office:** (631)462-9800

Provides after-school and weekend recreation and socialization program for children with special needs (K-Graduation). Activities include adaptive physical education and aquatics, arts and crafts, music and cooking. Programs are also available during school vacations. Also offers a special needs music school, Support Group for Siblings and Mommy and Me Programs. Summer camp available and Teen Programs. Social Skills Groups formed as needed. For more information contact Elizabeth Haft.

### **Sensory Beans Children's Gym**

**Office:** (516) 308-1462

Sensory Beans is a family facilitated, open-play sensory gym that provides a clean, safe, secure, indoor, sensory rich environment for children of all ages and abilities. Sensory Beans is an inclusive recreational facility where families can go to strengthen bonds with one another through functional play and fun.

### **Sensory Street Kids**

**Office:** (631) 828-8890

Sing and Play the Sensory Way. Children's classes- Music & Art, Language, Socialization

### **Sky Zone**

**Office:** (631) 938- 1420

**Website:** <https://www.skyzone.com/mtsinai>

Trampoline Park which includes: Sky Slam, Foam Zone, Warrior Course, Dodgeball, Glow Night, Toddler Time Program, SkyFit Program, an Ultimate Dodgeball Team, and Sky Zone Cares Program- On the third Sunday of every month we will open from 6pm - 9pm only for our jumpers with special needs. Located in Mount Sinai. Check out the website for Hours and costs.

### **Southaven Country Park**

**Office:** (631) 854-1414

The Carmans River flows through this scenic, pine-oak forested park. Southaven is a popular picnicking site, containing group areas capable of accommodating up to 1,000 people. Southaven's 1,356 acres also offer a bicycle hostel. Boating and freshwater fishing are permitted. Camping is also available, with sites for tents and trailers.

### **Splish Splash**

**Office:** (631) 727-3600

**Website:** <https://www.splishsplash.com/>

Long Islands Family Water Park. Check out website for tickets and planning your trip. Located in Riverhead.

### **Suffolk County Parks**

**Website:** <http://www.suffolkcountyny.gov/Departments/Parks/ThingsToDo.aspx>

Things to Do: Beaches, Parks, Hiking, Bicycling, Camping, Canoeing, Kayaking, Dog parks, Drone Flying, Fishing, Horseback Riding, Hunting, Metal Detecting, Outer-Beach Access, Picnicking, Playgrounds, Scuba Diving and more.

### **The Long Island Aquarium**

**Website:** <http://www.longislandaquarium.com/>

The Aquarium is fully accessible to visitors with disabilities. Indoor and outdoor exhibits, Adventures and Interactive Experiences. We have ramps, elevators and handicap accessible entrances and bathrooms throughout the facility. Check out the website for more information including costs, accommodations and plan your visit.

### **The Long Island Children's Museum**

**Office:** (516) 224-5800

The Long Island Children's Museum offers 14 interactive exhibits plus live theater, art spaces and daily activities to provide hours of discovery for children of all ages. Has a LI children theater, Early Childhood and STEM activities/programs, and a community/Access programs- which includes Autism Awareness Night, Special hours, Sensory Room and accessibility and inclusion resources for all Museum visitors. Locate in Garden City.

### **The Children's Museum of the East End**

**Office:** (631) 537-8250

**Website:** <https://www.cmee.org/>

Where learning begins with play. Play Museum, Activities, Mini Golf, Family Workshops/events, Classes, Programs, Located in Bridgehampton. Check out website to plan your visit, costs and accommodations.

### **The Long Island Game Farm**

**Office:** (631) 878-6644

**Website:** <http://www.longislandgamefarm.com/>

As the largest combined children's zoo and wildlife park on Long Island we offer families a natural environment where they can learn about wildlife and animals through education and entertainment.

Check out website for costs and planning your visit.

### **Long Island Adventure Park**

**Office:** (631) 983-3844

**Website:** <https://longislandadventurepark.org/>

A climbing and zip line adventure. The Adventure Park provides family fun for ages 7 and up. This aerial forest adventure is fun, exciting and safe for all participants. We provide a harness and equipment and give you a safety briefing that demonstrates how to climb and zip line in the park. There are 10 separate trails of varying levels of difficulty. Check out website to see costs and accommodations.

### **The Long Island Science Center**

**Office:** (631) 208-8000

**Website:** <https://www.sciencecenterli.org/museum-1/>

The LI Science Center ignites curiosity, fuel creativity and unlock the passion for problem-solving and discovery with STEM curricula, programs and interactive museum experiences designed to cultivate future leaders and engaged citizens. Located in Rocky Point. Check out website to plan your visit and see costs and hours.

### **Theater Three Broadway on Main Street**

**Office:** (631) 928-9100

Shows, acting classes and theater groups. Located in Port Jefferson

### **Town of Brookhaven Youth Bureau**

**Office:** (631) 451-6108

Offer year round recreational activities for developmentally disabled adults residing in the Town of Brookhaven. Programs include Saturday bowling, dances, exercise classes, movie nights, bingo nights, walking program and mini golf days. Also a program for children ages 5-11 years of age is offered for six weeks starting immediately after schools release for summer vacation. Activities include arts and crafts, swimming, physical education, games and field trips.

### **Vanderbilt Museum & Planetarium**

**Office:** (631) 854-5579

**Website:** <https://www.vanderbiltmuseum.org/>

Explore the Mansion waterfront grounds and exhibits. Located in Centerport on north Shore. For more information including costs, hours and events check out our website.

### **White Post Farms**

**Office:** (631) 351-9373

**Website:** <http://www.whitepostfarms.com/>

Animal farm, Enrichment Barn, Walk in Bird Landing Room, Playgrounds, Dry and Wet Bounce Houses and Festivals weather permitting, Pony Rides, Mini Train, Picnic Area, Located in Melville. Check website for events, hours, costs and planning your visit.

## **Sports & Recreation Activities for children with disabilities & special needs**

### **The Miracle League of Long Island**

**Office:** (631) 278-6385

**Website:** [www.mllongisland.com](http://www.mllongisland.com) [mllongisland@gmail.com](mailto:mllongisland@gmail.com)

The Miracle League of Long Island's mission is to establish and sustain baseball programs for people (of all ages) with disabilities. Our objective is to provide an opportunity for those individuals to experience the joy and benefits that come from playing our national pastime. Our aims are to help the league's players develop social skills and increase self-esteem, while promoting community support and sponsorship for the league. We believe everyone deserves the chance to play baseball!

### **Sachem Challenger Softball League**

**Office:** (347) 446-6168 *Roger Smith*

**E-mail:** [sacchallnegerb@optonline.net](mailto:sacchallnegerb@optonline.net)

Looking for co-ed athletes ages 5-adult for skill training, softball games, tournaments, fun and excitement. All skill levels welcome. April-July/Sept-Oct. Practice every Saturday 2:00-4:00pm Holbrook Country Club Ballparks.

### **TOPSoccer**

**Office:** (631) 648-9020 *AnnMarie Toth Special Childrens Program*

**Website:** <http://www.lijsoccer.com/Programs/TopSoccer.html>

701-9 Koehler Avenue Ronkonkoma, NY 11779

The TOPSoccer program is for those children with mental and/or physical handicapping conditions. This program was initiated to accommodate those children who are not able to participate in a mainstream soccer activity Long Island Junior Soccer League.

### **Kyle Sports for Special Needs**

**Office:** (631) 767-4354 *Debbie Metz, Commisioner of Special Needs*

**E-mail:** [djmetz@optonline.net](mailto:djmetz@optonline.net)

**Website:** [www.leaguelineup.com/welcome.asp?url=mscspecialneeds](http://www.leaguelineup.com/welcome.asp?url=mscspecialneeds)

Our Special Needs Sports Program will promote interaction with team players in an inclusion sport and social environment.

### **Suffolk PAL Police Athletic League**

**Office:** (631) 852-6107

**E-mail:** [suffolkpal@yahoo.com](mailto:suffolkpal@yahoo.com)

**Website:** <http://www.suffolkpal.com/index2.php>.

### **Long Island Traditional Tae Kwon Do**

**Office:** (631) 630-6575

**E-mail:** [info@litraditionaltaekwondo.com](mailto:info@litraditionaltaekwondo.com)

**Website:** [http://www.litraditionaltaekwondo.com/Children\\_With\\_Special\\_Needs.html](http://www.litraditionaltaekwondo.com/Children_With_Special_Needs.html)

232-6 Belle Mead Rd East Setauket, NY 11733

It is our goal to give your child a positive experience while building self-esteem, confidence & focus through the martial arts. We also strive to improve your child's individual needs.

### **Share the Voice**

**Office:** (516) 603-2232

**E-mail:** [info@sharethevoice.org](mailto:info@sharethevoice.org)

**Website:** <http://www.sharethevoice.org/>

Therapeutic recreation and a healthy lifestyle are key components in every child's life. It is this organization's desire to provide adaptive tricycles to special needs children. Through this rite of passage, it is our goal to enhance the lives of families who would not otherwise be able to obtain this equipment through other means.

### **Shine**

**Office:** (516) 551-1491 *Barbara Kruger*

**E-mail:** [info@myshineporgram.com](mailto:info@myshineporgram.com)

**Website:** <http://www.myshineprogram.com/>

Old Bethpage Equestrian Center 499 Winding Rd

Special Horses Instructing Noble Equestrians Our goal is to foster a relationship between individuals with Special Needs and Horses. This will be facilitated through activities involving horses in a safe and nurturing environment. Our objectives include improving the participants self-confidence, physical abilities, coordination, balance and to increase vocalization.

### **Horseability**

**Office:** (516) 333-6151

**Website:** [www.horseability.org](http://www.horseability.org)

HorseAbility Therapeutic Riding Program, Hippotherapy Program, and Summer Day Camp offers a wide range of horse related programs to children, adults, and families with special needs to promote the physical, psychological, emotional, social, and spiritual well-being of its participants.

### **Pal-O-Mine Equestrian**

**Office:** (631) 348-1389

**E-mail:** [info@pal-o-mine.org](mailto:info@pal-o-mine.org)

**Website:** <http://www.pal-o-mine.org/adaptive-riding/>

Old Nichols Road Islandia, NY 11749

Pal-O-Mine's mission is to provide a comprehensive therapeutic equine program that uses horses to facilitate growth, learning and healing. Our population includes children and adults with disabilities, those who have been abused or neglected, the military and the economically compromised.

### **Saddle Rock Ranch/Suffolk Police Athletic League (PAL)**

**Office:** (631) 205-0432

**Website:** <http://www.familyres.org/services/saddle-rock-ranch.html>

41 Coram-Swezeytown Rd, Middle Island, NY 11953

Saddle Rock Ranch has teamed up with the Suffolk PAL to offer a small group riding program for children with disabilities. PAL also offers financial assistance for those who are in need.

### **Special Needs Karate**

**Office:** (631) 846-7867

**Website:** [www.circleofoneny.com](http://www.circleofoneny.com)

545 Main Street in Islip

This is ongoing and takes place at Circle of One Karate.



### **Autism family Swim & Sailing**

**E-mail:** [lwoods@landandseasportsclub.org](mailto:lwoods@landandseasportsclub.org) *Linda*

Sailing program begins on a Monday July 6<sup>th</sup> and runs for 8-9 weeks. This takes place at the Sayville Yacht Club. Monday evenings 6pm-8pm. You must sign up for this event.

### **Rolling Thunder Special Needs Program**

**Office:** (631)399-5564

This is a unique inclusion-based running, walking, and wheelchair racing club for individuals ages 5 and up.

### **Surfer's Way**

**E-mail:** [SurfersWay@gmail.com](mailto:SurfersWay@gmail.com)

Surfer's Way is an organization designed to provide children with special needs the opportunity to experience the exhilaration of surfing. Free surf outings are held during the summer at Riverside Beach in Long Beach, NY. Elliot Zuckerman, of [Surf2Live](#), and his team are highly committed to providing a fun, safe, monumental surfing experience for children with special needs.

## **Guardianship of a Person who is Intellectually Disabled or Developmentally Disabled**

In New York State, when a person becomes 18 years old they are assumed to be legally competent to make decision for themselves. This means no other person is allowed to make a personal, medical or financial decision for that individual. If a person is "intellectually disabled or developmentally disabled," has difficulty making decisions for themselves and over 18 years old, you can ask the Surrogate's Court to appoint a guardian for him or her.

A certification from one physician and one psychologist or two physicians must be filed with the petition certifying that the person has a disability and is not able to manage his or her affairs because of intellectual disability, developmental disability or a traumatic head injury. The Surrogate's Court can appoint a guardian of the person, the property or both.

An Article 17-A Guardianship is very broad and covers most decisions that are usually made by a parent for a child such as financial and healthcare decisions. To start your case, use the free and easy Do It Yourself (DIY) Forms program to make your petition or you can contact the Surrogate's Court for an Article 17A Guardianship Packet. This can be found at:  
<https://www.nycourts.gov/courthelp/Guardianship/17A.shtml>

**17-A Guardianship-** The Article 17A Guardianship Petition is used if you want to appoint a guardian for a person who is intellectually disabled or developmentally disabled. File form's in Surrogate's Court

**Nassua Suffolk Law Services** provides free legal assistance to parents/guardians. Person with disability needs to be 17 and a half years old and reside in Suffolk county. (631) 232-2400 Islandia or (631) 369-1112 Riverhead



## OPWDD Supports & Services

OPWDD offers an array of services and supports to help people with developmental disabilities live in the home of their choice; find employment and other meaningful activities in which to participate; build relationships in the community, and experience health and wellness. The various levels and combinations of services and supports mean that OPWDD can accommodate the strengths, needs, and preferences of virtually any person with developmental disabilities.

People new to the OPWDD system can access services and supports through our Front Door. Those already receiving services can review service and support options, and may want to consider self-direction. If you are interested in changing your services, talk to your service coordinator about the service amendment process and submit a Service Amendment Request Form.

OPWDD understands that there is no “one-size-fits-all” program that is appropriate for every person. That’s why every person that is receiving OPWDD supports and services undergoes a person-centered planning process. The goal of this process is to discover the particular abilities, wants, goals and needs of each individual served. Person-centered planning helps us turn the input of each individual and his/her caregiver(s) to build a lifestyle suited to his or her unique situation.

OPWDD is committed to providing a wide variety of support and service options to meet the needs of individuals and their families. OPWDD supports and services include:

- Help for people to live in a home in the community.
- Help for families to support their family member to live in the family home with respite and other family support services.
- Help for people who want to work in the community with employment training and support, volunteer opportunities, and other types of community engagement.
- And help for people who need intensive residential and day services.

## Eligibility and Applying for Services

The Eligibility Review process is the gateway to OPWDD services in New York State. An individual who has a developmental disability and lives in New York State can request a basic eligibility review by: calling an OPWDD office directly; asking a local government agency to assist them in accessing OPWDD-funded services; or having a voluntary agency make a request on their behalf. Before receiving Medicaid-funded services through OPWDD, an individual must arrange to have a review of the necessary records that contain evidence of a qualifying developmental disability. \*

The eligibility review process begins at one of OPWDD's five Developmental Disability Regional Offices (DDROs) that are located throughout New York State. Each DDRO provides services to a specific county or group of counties. The materials and records that are submitted to the DDRO include reports of assessments prepared by qualified practitioners that support a qualifying diagnosis of "developmental disability." Depending on the complexity of an individual's condition, the review process for obtaining an eligibility determination may require reports from multiple or specialty assessments. A face-to-face interview may also be part of this process.

\*As defined in Mental Hygiene Law 1.03(22)

### **Developmental Disabilities Regional Offices**

are responsible for

- eligibility
- intake
- waiver enrollment (a Federal-State partnership which makes certain types of services available within the home or community so as to avoid placement in an institution)
- local management of Individual and Community Supports (ICS)
- management of resources for crisis intervention
- advocacy
- shared management of OPWDD statewide applications;
- service recruitment and development for the Family Care program; and
- programs, services and supports for aging individuals with developmental disabilities .

Eligibility for services is determined by the Developmental Disabilities Regional Offices (DDROs). Please contact the Eligibility Coordinator of the Regional Office representing the county in which the individual/family lives.

Lastly, DDROs act in a supporting role to DD State Operations Offices with regard to eligibility for other areas of statewide services including but not limited to: level of care determinations; clinical delivery and waiver service delivery; Article 16 clinics; quality improvement processes; review of audit reports for trend analysis; emergency preparedness; safety, security and maintenance; and implementation of OPWDD initiatives.

### **Regional Office-Region 5 Eligibility Coordinator**

Yuan Gao, Ph.D. Yuan.X.Gao@opwdd.ny.gov Phone: (631) 416-3902

Long Island DDRO 415-A Oser Ave. Hauppauge, NY 11788 Counties: Nassau, Suffolk

## **Front Door and Self-Directed Services**

Opening the door to possibilities

Long Island (631) 434-6000 (Counties: Nassau, Suffolk)

Information line: (866) 946-9733 Website: [www.opwdd.ny.gov](http://www.opwdd.ny.gov)

The Front Door strives to:

- Improve the way people learn about OPWDD and available service options
- Better connect individual needs to available services
- Give people as many opportunities as possible for self-direction
- 

Front Door services rest on the philosophy of self-determination and the idea that people with developmental disabilities have the right to:

- Enjoy more meaningful relationships with family, friends, and others in their lives
- Experience personal growth
- Fully participate in their communities
- Live in the home of their choice

Ultimately, opening the Front Door means people with developmental disabilities will have the opportunity to pursue their dreams and live the lives of THEIR choosing.

## Children's Mental Health Services in Suffolk

### Inpatient Services

**Brunswick Hall-** Amityville  
631-789-7000

**John T Mather Hospital-** Port Jefferson  
631-473-1320  
Partial Hospital- 631-473-3877

**Sagamore Children's Psychiatric Center**  
Dix Hills 631-370-1700  
Partial hospital- 631-370-1883

**South Oaks Hospital-** Amityville  
631-608-5610

**Stony Brook Hospital**  
631- 444-1251

### Day Treatment

**Madonna Heights Day School**  
631-643-8800

**Sagamore Children's Ctr (SCPC):**  
SCPS Sequoya Day Treatment- Sayville  
631-622-1249

**SCPC North Babylon Day Treatment**  
631-491-4355

**SCPC Sayville Day Treatment (up to 6<sup>th</sup>  
grade) 631-567-5834**

### Emergency Services

**CPEP Stony brook-** 631-444-6050

**CPS Emergency-** 631-854-9100

**Crisis Respite-** 631-370-1701

**Mental Health Hotline-** 631-952-3333

**NYS CPS Hotline-** 1-800-342-3720

**WellLife Network-** Link: 631-920-8302

**Response Hotline of Suffolk-** 631-751-7500

**SCPS Mobile Integration team and  
Children's Mobile Crisis -**631-370-1701

### Community Support Groups

**Alternatives for Youth (EAC)-** 631-648-2700

**Mental Health & Wellness-** 631-226-3900

**Big Brothers Big Sisters-** 516-731-7880

**CPS Prevention-** 631-854-9359

**FCA- Family Support Services-**  
516-485-5976 x3300

**FCA CAPT-** (preschool)- 631-647-3128

**FSL Family connect-** 631-647-3100

**FSL HCBS Waiver-** 631-998-1002

**FSL Home Base/Home Safe-** 631-650-0073

**FSL- supportive Case Management**  
631-650-0063

**FSL- Therapeutic Rec/Recess-** 631-650-0150

**Head Start-** 631-758-5200

**LI Advocacy Center-** 631-234-0467

**LIFT- LI Families Together-** 631-264-LIFT

**WellLife Net. HCBS Waiver-** 631-920-8302

**WellLife Net. Family Support-** 631-920-8302  
Probation- 631-853-7889

**SCDCMH Intensive Case management-**  
6310854-0163

**SCO HCBS-** 631-253-3504

**Non-OMH Licensed Clinics**

*ACLD* 631-665-1900  
*Colonial Youth*- 631-281-4461  
*LI Select Health Care (LISH)*- 631-650-2510  
*EPIC* (Epilepsy Foundation)- 516-739-7733  
*FSL* Huntington- 631-427-3700  
*Just Kids*- 631-924-0008  
*VIBS*- 631-360-3730  
*YMCA Centereach*- 631-580-7777  
*Youth Bureau*- 631-853-8270

**Some Residential Options**

*Berkshire Farms*- 631-420-444  
*Hope for Youth*- 631-691-5100  
*LIAFS*- 631-444-4400  
*Mercy First/Merrick House*- 516-868-2050  
*Mercy First/St. Mary's*- 516-921-0808  
*WellLife Net. House east*- 631-751-0197  
*WellLife Net. House west*- 631-683-4393  
*SCO/CR*- 631-243-3179  
*SCO/Madonna Heights*- 631-643-8800  
*Teaching Families Home*-516-634-0014x128

**Single Point of Access (CSPOA)**

631-853-8531

**For Further Information call:**

Kathleen Herz, Psy. D.  
 Office of Mental Health 761 2063

**Children's Mental Health Clinics in Suffolk**

**Outpatient Services- OMH Licensed**

<b>Brentwood Mental Health Center</b> Brentwood (631) 853-7300	<b>Federation of Organization's Clinic</b> Wyandanch (631) 782-6200
<b>Farmingville Mental Health Center</b> Farmingville (631) 854-2552	<b>New Horizons Counseling Center</b> Smithtown (631) 360-7578 Copiague (631) 257-5173
<b>Brookhaven Mental Health Clinic</b> Patchogue & Shirley (631) 854-1222	<b>Sagamore Children's Center</b> Patchogue (631) 654-2077
<b>Catholic Charities Mental Health Clinic</b> Medford (631) 654-1919 & Brentwood (631) 665-6707	<b>SCO/Madonna Heights Services</b> Dix Hills (631) 643-8800
<b>Family Service League</b> Huntington (631) 427-3700 Bayshore (631) 647-3100 Brentwood (631) 273-9800 Mastic (631) 924-3741 Mattituck (631) 298-8642 Riverhead (631) 369-0104 East Hampton (631) 324-3344	<b>John T Mather Outpatient MHC</b> Port Jeff (631) 473-3877  <b>South Oaks Comp Outpt. Behavioral Srv.</b> Amityville 631-608-5900  <b>Stony Brook Child Psychiatry Clinic</b> Stony Brook (631) 632-8840

## Adult Psychiatry (Medication Management)

### **North Shore Psychiatric Consultants**

**Office:** 631-365-6868  
222 Middle Country Rd, Suite 210  
(Medicare, United Health Care, Self-Pay)

### **Thomas Aronson, MD**

**Office:** (631) 265-0909  
2 Brookdale Drive Smithtown, NY

### **Yousef Haggag Moataz MD**

**Office:** 631-758-2815  
240 Patchogue Yaphank Rd East Patchogue, NY 11772  
(Medicaid, Medicare..)

### **Pilgrim Psychiatric Center - Yaphank Center**

**Office:** (631) 924-4411  
31 Industrial Blvd Medford, NY 11763  
(Medicaid, Medicare and most insurances)

### **Catholic Charities Mental Health**

**Office:** 631-654-1919 →Medford, NY  
**Office:** 631-665-6707→Bay Shore, NY  
(Medicare, Medicaid, Managed Care, Sliding Scale-based on need)

### **TMS Hope Center of Long Island**

**Office:** (631)7601830 *Dr. Ferguson*  
1000 Main St Suite G Port Jefferson, NY 11777  
(Cigna, Aetna and Medicare)

### **Suffolk Behavioral Medicine PC**

**Office:** (631) 270-4401  
535 Broadhollow Rd B-12 Melville, NY 11747  
(Medicare, United Healthcare, Cigna, Aetna, Blue Cross Blue Shield)

### **Psychiatry/Medication Management Psychotherapy**

**Office:** (631) 779-1019 Rose Peterson  
209 West Main Street Suite 201 Riverhead, New York 11901  
(Medicare, Managed Medicaid, Aetna, Blue Cross, Cigna, Affinity, Empire, United Health Care, Health First, most insurances)

### **Long Island Psychiatry, PC**

**Office:** (631) 983-2089  
15 Bellemeade Avenue Suite 11 Smithtown, New York 11787  
(Aetna, Cigna, Blue Cross, Medicare)

**Marianne Hendrix, MD**

**Office:** (631) 265-2126  
48 NY-25A #203 Smithtown, NY 11787  
(Medicare and some insurances)

**Jin Zaiwang Pau MD**

**Office:** (631) 854-1222  
365 E Main St Patchogue, NY 11772  
(Medicaid and Medicare)

**Grace Mroz**

**Office:** (631)706-4647  
450 Waverly Ave Building 4, Suite 11 Patchogue, New York 11772  
(1199SEIU, Aetna, BlueCross and BlueShield, Cigna, Corphealth, Emblem Health, Empire BlueCross, GHI, Health Net, Island Group Administration, MHN, Magellan Behavioral Health, MagnaCare, Medicare, Multiplan, Oxford, PHCS, TRICARE, UMR, UnitedHealthcare , ValueOptions)

**Phyllis Pinard, NPP**

**Office:** (631) 706-4065  
368 Veterans Memorial Highway. Suite 10  
Commack, New York 11725  
(Compass, United Healthcare, FDNY World Trade Center Treatment Program, NYSHIP Empire, Uptum, Oxford, UMR, self-pay)

**Geriatric Psychiatry:**

**East End Neuropsychiatric Assoc.**

**Office:** (631) 737-6434  
2539 Middle Country Road. Suite 4 Centereach, NY 11720  
(Straight Medicare and Medicare with Medicaid as a secondary or any secondary insurance. No Managed Care)

**Stony Brook Psychiatric Association**

**Office:** (631) 632-9510  
Putnam Hall, South Campus @ Stony Brook  
(Only taking Stony Brook Referral's- waiting list is maxed out)

## Smoking Cessation Classes & Support Groups

**The New York State Smokers' Quitline-** (866) 697-8487 or (866) NY-QUITS  
**The New York State Smokers' Quitsite-** [www.nysmokefree.com](http://www.nysmokefree.com)

### **Suffolk County Department of Health Services:**

**Office:** (631) 853-4017 *Lori*

**E-mail:** [lori-benincasa@suffolkcountyny.gov](mailto:lori-benincasa@suffolkcountyny.gov)

Offers no cost tobacco cessation classes and pharmaceutical aids as well as offers a 6 week cessation program of 1 hour sessions. Reunion follow-up session held one month later. \$50 includes cessation medication. Multiple locations.

### **Stop Smoking/Weight Loss Seminars**

**Office:** (631) 476-2723 *Julie Parenti*

**Office:** (800) 342-1303 *Reservation-Green Seminars*

Offers hypnosis as a means to stop smoking and promote weight loss. Meets the 2nd Thursday of each month from 7pm-9pm in Conference Room 1 and 2. Pre-registration required. Call for reservations. \$75 fee. Located in Port Jeff

### **Green Seminars**

**Office:** (800) 342-1303

Provides smoking cessation and weight-loss programs. Pre-registration is required. For information on fees, and reservations call. First Thursday of every month, 7-8:15pm. Located at Brookhaven Hospital in Patchogue.

### **Green Seminars**

**Office:** (631) 968-3477

Program fosters smoking cessation and weight loss. Call to register. Fixed Fee. Group meets first Tuesday at 7pm in the Board Room/Eatery at South Side Hospital in Bay Shore.

### **Smoking Cessation Program**

**Office:** (631) 466-1980 Contact *Patricia*

Through North Well Health. Offers individuals who are trying to stop smoking an intensive 5 week stop-smoking class focusing on behavior changes and medication use. Group or individual quit programs are available. Please call for exact dates/locations. Held Tuesdays at 6 pm.

### **N-O-T: NOT-ON-TOBACCO**

**Office:** (631) 265-3848 Contact *Marianne*

Provides state of the art program specifically designed for teenagers who want to stop smoking. Located in Hauppauge.

### **Stop Smoking Program**

**Office:** (631) 477-5164

Smoking Program and other community services are for Residents of the North Fork and Shelter Island. Located in Greenport.



### **Breathe Freely**

**Office:** (631) 376-4444

Offers a smoking cessation program to the community. The program address such issues as the immediate positive effects of quitting, methods of quitting, symptoms of withdrawal, choosing a support person, smoking triggers, and relaxation techniques. Program is through Good Samaritan Hospital Medical Center and the Suffolk County Department of Health Services. Located in West Islip.

**\*\* Full program (6 weeks) of smoking cessation classes must register see below\*\***

### **North Shore Public Library**

**Office:** (631) 853-2928 *Contact Debora to register for classes.*

**Smoking Cessation classes on Mondays 6:00 pm-7:00 pm.** Times/dates change. Located in Shoreham

### **St. Catherine of Siena Nursing & Rehab Center**

**Office:** (631) 853-2928

**Smoking Cessation classes on Tuesdays 6:00 pm-7:00 pm.** Contact DEBORA to register for classes. Times/dates change. Located in Smithtown

### **Longwood Public Library**

**Office:** (631) 853-2928 *Contact Debora to register for classes.*

Smoking Cessation classes on Tuesdays 6:00 pm-7:00 pm.. Times/dates change. Located in Middle Island

### **Sayville Library**

**Office:** (631) 853-3187 *Contact Janis to register for classes.*

Smoking Cessation classes on Tuesdays 6:00 pm-7:00 pm. Times/dates change. Located in Sayville

### **Brookhaven Town Hall**

**Office:** (631) 853-2928 *Contact Debora to register for classes.*

Smoking Cessation classes on Thursdays 6:00 pm-7:00 pm. Times/dates change. Located in Farmingville

### **Riverhead Public Library**

**Office:** (631) 853-3187 *Contact Janis to register for classes.*

Smoking Cessation classes on Thursdays 6:00 pm-7:00 pm. Times/dates change. Located in Riverhead

### **East Northport Library**

**Office:** (631) 853-2928 *Contact Debora to register for classes.*

Smoking Cessation classes on Thursdays 6:00 pm-7:00 pm. Times/dates change. Located in Northport

**\*\*In order to attend the below support group, you must have attended and completed a full program (6 weeks) of smoking cessation classes. Both support groups begin at 5:30 PM\*\***

### **Support Groups**

1st Wednesday of every month

Suffolk County Health Department

Health Education

725 Veteran's Memorial Hwy William Lindsay Complex, Bldg. C016 Hauppauge, NY 11788

**3rd Wednesday of every month**

Riverhead Library  
330 Court St.  
Riverhead, NY 11901

## **Bereavement- Grief/Loss Resources**

### **The Compassionate Friends**

**Office:** (631) 990-0010 or (877) 969-0010

**Website:** [www.compassionatefriends.org](http://www.compassionatefriends.org)

Long Island Chapters- This national organization has local chapters with meetings in the following Long Island towns: Babylon, East Quogue, Manhasset, Medford, Rockville Centre, and Syosset.

### **East End Hospice**

**Website:** [www.eeh.org](http://www.eeh.org)

This hospice based in West Hampton Beach offers bereavement counseling for children, for men, for families and loved ones of AIDS patients. Groups are primarily for adults, not specific on loss. 12 weeks of focused support with goals set. Bereavement care programs are offered to church groups, therapists, and other civic organizations. In addition, run bereavement camp for children of all ages on Shelter Island.

### **The Good Grief Family Bereavement Center**

**Office:** (631) 288-8400

Services include: Individual Bereavement Counseling for Children and Teens, Ongoing Children and Teen Bereavement Groups & Parent/Guardian Bereavement Groups. Located in Westhampton Beach.

### **Good Shepherd Hospice**

**Office:** (631) 456-6300

**Website:** <http://goodshepherdhospice.chsli.org>

This hospice offers ongoing weekly groups for adults – loss of spouse, parent and general loss – at Mercy Hospital (Wed. evenings) and at their center in Port Jefferson (Wed. afternoons). Individual and family counseling available in both Melville and Port Jefferson.

### **Guardian Angels Perinatal Support (GAPS)**

**Office:** (516) 249-8589

**Website:** <http://www.stkilian.com/gaps>

Holds support group meetings for those suffering from perinatal (pregnancy and infant) loss in Farmingdale, NY on the first Friday of the month. .

### **Hospice Care Network**

**Website:** [www.hospicecarenetwork.org](http://www.hospicecarenetwork.org)

The Hospice Care Network offers bereavement programs (8 weeks) for adults & children ages 4-18. Individual Counseling, Short-Term Counseling, Group Support, Education, Crisis Intervention & Referrals. Free & open to the community. Pre-registration required.

### **Joe's Project**

**Office:** (888) 375-2228

Provides support group in Suffolk Co. for survivors of suicide. New suicide response program offered by the Family Service League with funding from the Suffolk Co. Legislature.

### **The Neighborhood House (TNH)**

**Office:** (631) 589-0055

**E-mail:** [mvirga.lcsw@gmail.com](mailto:mvirga.lcsw@gmail.com) Located in Sayville. Founder and CEO is Michelle Virga.

## **Bereavement Support Groups through Brookhaven Hospital**

### **The Brook House: Brookhaven Memorial Hospital Hospice**

**Office:** (631) 687-2960

**Website:** [www.brookhavenhospital.org](http://www.brookhavenhospital.org)

This hospice based in Patchogue, Long Island offers bereavement groups for adults and children in Suffolk County only, including young widows/widowers, adults grieving loss of parents or grandparents, survivors of suicide and others. No fee.

### **Bereavement Support Groups**

**Office:** (631) 687-2960

Swezey Medical Pavilion, 105 W. Main Street, Patchogue

Registration is required for all groups. Parking in rear of building on Lake Street.

### **General Bereavement Support**

For spouse, partners or those who have lost children, parents, grandparents, relatives, or significant others: **Meets:** Every Wednesday. **Time:** 2:00 p.m. – 3:30 p.m

### **Spouses and Partners**

(8 sessions)- **Meets:** Every Thursday. **Time:** 5:30 p.m. – 7:00 p.m.

### **Children's Support Groups**

(8 Sessions) **Meets:** Every Tuesday. **Time:** 4:30 – 5:30 p.m.

### **Support and Education for Parents/Caregivers of Bereaved Children**

Concurrent with children's group **Time:** 4:30pm -5:30pm

### **Survivors of Suicide**

**Meets:** Every Thursday Evening. **Time:** 6:00 p.m. – 7:30 p.m.

### **Adults Who Are Grieving the Loss of a Parent/Grandparent**

(8 sessions)- **Meets:** Every Monday. **Time:** 6:00 p.m. – 7:30 p.m.

### **Parents/Grandparents Who Have Lost a Child**

(8 sessions) Brookhaven's Hospice program offers a bereavement support group for parents and grandparents who have lost a child. The 8-week support group is open to all in the community, free of charge and is facilitated by a licensed Certified Social Worker. Every Thursday Evening 6:00pm - 7:30pm.

**Registration Required for All Groups for further information and to register call 631-687-2960. Place:** Hospice Office, 105 West Main Street, Patchogue

## **Bereavement Support Groups through Good Shepherd Hospice**

**Bereavement Mailings**-Support and Education for 13 Months of time.

**Individual and Family Support Sessions** - short-term counseling for children, teens and adults.

**Adult Bereavement Support Groups** –These 8 week groups are offered throughout the year to offer support & grief education by a Bereavement Specialist.

**Grief Holiday Workshop Series** –Holidays can be particularly stressful and can often magnify grief. Workshops offer encouragement, education, support & coping strategies to help manage holidays.

**Bi-Annual Interfaith Remembrance** – A non-denominational service focuses on the celebration of life with an evening of music, reflection, shared memorial rituals, honoring, & remembering loved ones.

**Lights of Love** – is an opportunity for family & friends to remember their loved one during this holiday memorial program with a tree and menorah lighting held each December.

### ***Bereavement Services for Children and Families:***

**Connections:** A Child and Family Bereavement Program –8 week bereavement group/program for children ages 5-17 years old and their caregivers who have experienced a death of a loved one. Children engage in therapeutic activities that encourage emotional healing, increase understanding, development of healthy coping skills and preservation of memories. Adult caregivers attend their own concurrent support group, where they will learn about the nature of their children’s grief and how to best support them. This program is offered in both English and Spanish.

**Bob Sweeney’s Camp H.O.P.E.** – Free 2 day bereavement camp. Therapeutic activities focusing on fun and relaxation, held at Camp Alvernia in Centerport annually in July. Kids ages 5 – 17, unify for support and to learn new ways of coping with their grief. Bereavement camps are effective in helping children & their families develop and build resilience in dealing with loss. English and Spanish speakers.

**Bob Sweeney's Holiday Party** – Free event open to 5-17 years old, who had the death of an immediate family member (parent, grandparent or sibling). Caregivers also participate in the activities.

### ***Bereavement Services for the Community***

**School Support Services** – consultation, support and education for students, faculty and parents when there is a death or anticipated death in the school community.

**Crisis Intervention and Debriefing** – consultation and support services for sudden and/or traumatic loss in the community.

**Training and Workshops** – specifically designed for healthcare professionals.

**Customized Bereavement Programming** – development of specific programming to meet the needs of any business, congregation or community organization to better understand the experiences of loss and grief.

***For questions or more information please call the Bereavement Department at:  
( 516)465-6262 or (631)465-6262***

**Parishes & Agencies Offering Bereavement Support**  
**Call for detail and to register for programs open to all faiths.**

**Babylon**

**Office:** (631) 669-0198 *Contact Terry Hoffmann*

Eight Week Support Group for loss of Spouse, at St. Joseph Parish, 39 North Carll Ave

**Bay Shore**

**Office:** (631) 666-6863 *Suffolk Contact Bereavement Dept*

**Office:** (516) 832- 7100 *Nassau*

**Office:** (716) 939-1173 *Queens*

**Website:** [www.hospicecarenetwork.org](http://www.hospicecarenetwork.org)

Hospice Care Network, 14 Shore Lane, Loss of Spouse, Parent, Child, Sibling, Baby and groups of children 4-18 throughout the year.

**Bohemia**

**Office:** (631)567-1995 *Contact Karen Anderson at Parish Outreach*

St. John Nepomucene Parish, 1140 Locust Ave

General Bereavement (all losses), Bereaved Parents, and bereaved Children.

**Bridgehampton**

**Office:** (631)537-0156 *Contact Robert Diederiks*

Queens of the Most Holy Rosary Parish, 2350 Montauk Highway, General Ber. (all losses)

**Centerport**

**Office:** (631) 754-9045 *Contact Marilyn Borghard at parish*

Our Lady Queens of Martyrs Parish, 53 Prospect Road. General Bereavement (all losses), Loss of Spouse, Young Widows, Bereaved Parents.

**Dix Hills**

**General Bereavement** (631) 499- 8520 *Contact Sr. Anthony Therese St.*

Matthew Parish, 35 North Service Rd, Gen. Bereavement

**Young Widowed** (631) 864-4117 *Contact Kathryn Monaco-Douglas*

**East Islip**

**Office:** (631) 581-1012 *Contact Eileen Bowden*

St. Mary Parish, 20 Harrison Ave, General Bereavement (all losses) and Parental loss (miscarriage, stillbirth and infant death)

**East Northport**

**Office:** (631) 930-9316 *Contact Andrea Firro, LMSW*

Visiting Nurse Service & Hospice of Suffolk, 101 Laurel Road, Gen. Ber (all losses) Groups of Children 4-13, Groups for Adolescents 14-18, Family Retreat (in fall)

**Greenport**

**Office:** (631) 477-8177 *Contact Doris Badamo*

St. Agnes Parish, Front street, general bereavement (all losses)

### **Hampton Bays**

**Office:** (631) 728-9461 *Contact Fr. Sabbas Rodrigues*

**E-mail:** [strosalies@optoline.net](mailto:strosalies@optoline.net)

St. Rosalie Parish, 31 Montauk Highway, General Bereavement (all losses)

### **Hauppauge**

**Office:** (631) 234-5551 *Contact Di. Joan Dorr*

**E-mail:** [Stjoanarc@optonline.net](mailto:Stjoanarc@optonline.net)

**Office:** (631) 234-3149 *Contact Marie Dolce*

St. Thomas More Parish, 119 Kings Highway, General Bereavement (all losses) Loss of Spouse, and loss of Child.

### **Holbrook**

**Office:** (631) 585-4544 *Contact Nora Anne Hill*

Good Shepherd Parish, 1370 Grundy Ave, General Bereavement (all losses)

### **Lake Ronkonkoma**

**Office:** (631)737-4416

E-mail: [chrispo1@optonline.net](mailto:chrispo1@optonline.net) *Contact Chris Harvey at Parish Outreach*

St. Elizabeth Ann Seton Parish, 800 Portion Road, General Bereavement (all losses)

### **Medford**

**Office:** (631)738-0809

The Compassionate friends of Brookhaven. 68 Ohio Avenue support group of Loss of Child, meets in St. Sylvester church 2<sup>nd</sup> Friday of every month 7:30 pm.

### **Melville**

**Office:** (631)271-4455

E-mail: [adossantos@stelizabeth.org](mailto:adossantos@stelizabeth.org) *Contact Anita DosSantos*

St. Elizabeth parish, 175 Wolf Hill Road, General Bereavement (all losses)

### **Nesconset**

**Office:** (631) 265-2200 *Contact Connie Calabro at Parish Outreach*

**E-mail:** [hcoutreach@optonline.net](mailto:hcoutreach@optonline.net)

Holy Cross Parish, 95 Old Nichols Road, General Bereavement (all losses)

### **Patchogue**

**Office:** (631) 687-2960 *Contact Patti Fickes, LCSW-R.*

Brookhaven Memorial Medical Center Hospice, 105 West main Street, General Bereavement ( all losses) , Loss of Spouse, Loss of Child, Survivors of Suicide, Adult Loss of Parent, and Group of Children ( weekly groups and 8 weeks groups)

### **Port Jefferson**

**Office:** (631) 473-2900 *Contact Pat Lynch*

St. Gerard Majella Parish, 300 Terryville road, loss of Spouse.

### **Riverhead**

**Office:** (631) 727-2030 *Contact: Martha Sullivan*

St. John the Evangelist, 546 St. John's Place General Bereavement (all losses)

### **Rocky Point**

**Office:** (631)821-9450 *Contact Susan Paulson*

**E-mail:** [stabread@optonline.net](mailto:stabread@optonline.net)

St. Anthony of Padua parish, 614 Route 25A, General Bereavement (all losses)

### **Ronkonkoma**

**Office:** (631) 588-0476 *Contact Barbara Pocola*

St. Joseph Parish 45 Church Street, General Bereavement (all losses except loss of child) meets every Thursday 7-9 pm in the teacher Lounge in the new school building

### **Sag Harbor**

**Office:** (631)725-0123 *Contact Deacon Carl Sanfilippo*

St. Andrew Parish, 122 Division St. General Bereavement (all loss)

### **St James**

**Office:** (631)584-5454 *Contact Elizabeth Wittish*

Saint Philip and James Parish, One Carow Place, Loss of Spouse

### **Sayville**

**Office:** (631) 589-0042 *Contact Pat Spiegel at Stewardship Office*

St. Lawrence the Martyr Parish, 27 Handsome Ave, General Bereavement (all losses) and follow up Group.

### **Shoreham**

**Office:** (631) 744-2800 *Contact Sr Joan Quinlan O.P.*

St. Mark Parish, 105 Randall Road, loss of Spouse.

### **Smithtown**

**Office:** (631) 265-2668 *Contact Fran Blagar at Parish Outreach*

St. Patrick Parish, 280 East Main Street, General Bereavement (all losses), meets weekly

### **Sound Beach**

**Office:** (631) 744-9515 *Contact Mary Lou Pinto*

St. Louis de Montfort Parish, 75 New York Ave, and General Bereavement (all losses).



## LGBTQ Services/Support

**LGBT Network-** Support, Education, Advocacy and other Supportive Services.

**Youth Support Group-** 4<sup>th</sup> Thursday of each month 5:00 pm- 6:00 pm at The Center at Bay Shore

**Parent Support Group-** The Parent Support Group meets at: The Center at Bay Shore on the 1st and 3rd Thursday of each month from 6-7pm & The Center at Woodbury on the 1st and 3rd Monday of each month from 6-7pm.

**SWAN-** a discussion group held in a supportive atmosphere for lesbian, bisexual, and transgender women as well as women questioning their identity. Group held on Wednesdays from 7:30-8:45pm at The Center at Woodbury. There is no SWAN on the 3rd Wednesday of each month - join us for the Evening Mingle instead from 7-9pm.

**Senior Focus Group- coed peer-led discussion groups.** 1pm-2pm the 1st Monday of Every Month at The Center at Bay Shore and from 1pm-2pm the last Tuesday of Every Month at The Center at Woodbury

For more information, call 631.66- 5.2300 locations in Sag Harbor, Bay Shore and Woodbury

\*LGBT Network opening a LGBT Community Center in Patchogue soon September 2018- wide range of services such as healthcare, social services and many more programs for the lesbian, gay, bisexual and transgender community. \*

### **Pride for Youth**

**Office:** (516) 679-9000

Service and advocacy for lesbian, gay, bisexual, transgender, and queer/questioning (LGBTQ) young people through age 30. Our Adult Sexual Health Program serves LGBTQ individuals through age 45. Located in Bellmore.

Support groups and safe spaces also through LI Crisis Center.

### **PLFLAG LI**

**Office:** (631) 462-9800

**E-mail:** [info@pflagli.org](mailto:info@pflagli.org)

Has a Transparentsy group- Our meetings include lesbian, gay, bisexual, transgender and questioning persons, as well as parents, allies and friends who all share their experiences. Meetings are open to all family members, siblings & LGBTQ people to join us at our monthly meetings. We meet one Sunday a month from 2 PM to 5 PM alternating between our Nassau and Suffolk meeting locations.

### **Trans Legal Services**

**The LGBT Bar Association of Greater New York**

**Office:** (212) 353-9118

**Website:** <http://le-gal.org/>

601 W. 26th St., Ste. 325-20 New York, NY 10001

Matthew Skinner, Executive Director [mkskinner@le-gal.org](mailto:mkskinner@le-gal.org)

Offers multiple regular legal clinics. Serves NJ and NY.

### **SAGE- Long Island GLBT Community Center**

**Office:** (631) 665-2300

SAGE Long Island is a bi-county (Nassau and Suffolk) not-for-profit organization dedicated to meeting the unique needs of the Long Island GLBT senior community by providing education, advocacy, and social support services. Located in Bay Shore.

### **LAMBDA LEGAL**

**Office:** (212) 809-8585

**Website:** <https://www.lambdalegal.org/know-your-rights?gclid=ClyUw-L-uc4CFcEehgodtFsJtQ#transgender>

A national legal organization whose mission is to achieve full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and everyone living with HIV through impact litigation, education and public policy work.

### **The Trevor Project**

**Hotline:** (866) 488-7386

Counseling for young people in distress, via phone or online chat. 24-hour hotline.

### **Transgender Suicide Prevention Lifeline**

**Office:** (877) 565-8860

Run by transgender volunteers to support the transgender community.

### **National Resource Center on LGBT Aging**

**Office:** (212) 741-2247

c/o Services & Advocacy for GLBT Elders (SAGE)

### **SAGE LGBT Elder Hotline**

**Office:** (888)-234-SAGE

### **Long Island Crisis Center's**

**Hotline:** (516) 679-1111 *24 hour hotline*

## Divorce/Separated Support Services

### **Divorce/Separation Support groups**

Office: (631) 289-3484

Church of The Nazarene in Patchogue.

### **Parish Social Ministry and Outreach**

Office: (631) 928-0447

Divorce support group at the Infant Jesus RC Church which is located in Port Jefferson.

### **YES Community Counseling Center**

Office: (516) 799-3203

Divorce Counseling. Most Private insurances and Medicaid are accepted. Sliding scale is provided for those without insurance. Some counseling services are free of charge. Locations, Massapequa, Levittown and Bethpage.

### **Town of Brookhaven**

Office: (631) 451-6146

(Women's Services) Divorce/separation support groups are free for Brookhaven residents & non-Brookhaven residents are charged a minimal fee. Call for more information.

### **Displaced Homemakers Group**

Office: (631) 853-6540

Are you widowed, divorced, separated, & unemployed, or underemployed? Discover opportunities that could change your life! Develop personal and economic self-sufficiency! Prepare today to enter the workforce of tomorrow! You may be eligible for career readiness training! Free program. Located in Hauppauge.

### **Single's Social Program & Support Groups**

Office: (631) 462-9800 *Contact Sharon Reichman*

Offers recreational, educational, support and social programs for single adults and transitional families. Support groups include: separated and divorced, bereavement, single parent groups, and widow and widowers support group. Through Suffolk Y-JJC. Located in Commack. Call for Schedule.

### **YMCA Family Services**

Office: (631) 580-7777

Divorce Support at the YMCA in Holtsville.

### **Parent Education and Awareness Program (PEACE)**

Office: (631) 853-5368

This program is to educate divorcing or separating parents on the impact of their breakup on their children. Teaches techniques to reduce the stress of family changes and protect children from the negative effects of ongoing conflict in order to foster and promote children's healthy adjustment and development. Usually parents are court ordered to participate however, parents can self-inquire and register. Offered through Touro Law School.

### **Divorce Mediation Center of Long Island**

**Office:** (516) 747-1344

For couples separating or divorcing. Offers divorcing or separating couples an effective and humane alternative to the traditional adversarial process. With the help of a trained mediator, couples in mediation work out their settlement based on the needs of the couple and the children. Process seeks to explore options for both the husband and wife. Areas of mediation include parenting responsibilities (access, custody, and support), distribution of marital assets, spousal maintenance (alimony) and any other relevant issues. When: Tuesdays 4:00pm-1:00pm and Friday by appointment. Located in Commack.

### **Father's Rights Association of NYS- Long Island Chapter**

**Office:** (516) 783-1636

Seeks, through equal parenting rights, to ensure that children maintain a continuing, nurturing relationship with both parents after divorce or separation. Advocates for fair parenting laws, offers assistance to families in crisis and provides peer support to members along with resource materials and referrals to service providers. Issues addressed include separation agreements, child custody, child support, spousal support, paternity and maintenance/alimony. Located in Garden City.

### **Divorce with Grace and Dignity**

**Office:** (631) 371-4296 *Contact Dona Rutowicz, LCSW*

**Website:** <https://donarutowicz.com/contact-dona/>

Individuals and Couples Counseling, Divorce Coaching, Retreats, Divorce Support Groups (in-Person and Virtual), Girls Night Out, ½ Day Love Me Up Experience Events & More. Join Our Face Book Group: The Art of Divorcing Gracefully for Moms.

### **Women's Group**

**Office:** (631) 655-4495 *Contact Debby Knapp*

Not your typical group. Women gather to talk about what's on their minds and heart...looking to share, support and empower others. This is a very informal group open to all who are looking to simply connect with other kind, non-judgmental women ages 35 to 60. Sessions cost \$20-50. Located at Contemplative Counseling & Psychotherapy in Smithtown.

### **Divorce Support**

**Office:** (516) 874-6917 *Contact Kelly Flynn*

Support during this tough transition. Meeting others going through the same thing. Focusing on individuals dealing with anger, grief, and loneliness caused by divorce. Groups provide a safe and supportive environment to explore your current issues. Group runs for 6wks. Cost: \$40. Located in Huntington.

### **Divorcing, Newly Single Adults, Widowed**

**Office:** (917) 652-6970

A group for those going through a divorce or separation process and looking for others in similar straits AND for people who are now single and dealing with issues of dating, child care, financial problems, and etc. Cost of Session: \$40. Located at the Harold McMahon Medical Center in Amagansett.

## Clothing

### **Goodwill Industries Store & Donation Center**

**Office:** (631) 588-3801  
Lake Ronkonkoma, NY

**Office:** (516) 795-0237  
Massapequa, NY

### **The Junior League of Long Island Thrift Shop**

**Office:** (516) 621-4890  
Roslyn, NY

### **Big Brothers Big Sisters**

**Office:** (631) 273-1469  
Islandia, NY

**Office:** (516) 731-7880  
Westbury, NY

### **Savers**

**Office:** (516) 489-1661  
West Hempstead, NY

**Office:** (631) 924-3082  
Medford, NY

**Office:** (631) 589-4257  
Holbrook, NY

### **Long Island Charities Foundation**

**Office:** (631) 979-9360  
Melville, NY

### **Island Thrift**

**Office:** (631) 627-8396  
Medford, NY

**Office:** (631) 736-3979  
Centereach, NY

### **Lighthouse Mission**

**Office:** (631) 758-7584  
Bellport, NY

### **The Salvation Army USA**

**Website:** [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

**\*\*Check with your nearest religious organizations**